BRUTAL SUNDAY

GIANTS, JETS BOTH BLOWN OUT

BUT NEITHER ARE DONE {pages 22-23}

metro®

NEW YORK
Monday, December 19, 2011
www.metro.us

Max 47°
Min 37°

SASHA MORDOVETS/GETTY IMAGES

KIM JONG-IL DEAD

North Korean state television reports dictator died of heart attack during train ride ◗ Questions ahead with son Kim Jong-un groomed to take over 'hermit state' and its nuclear program {page 06}

Police arrest 141 in stolen iPad sting

NEW YORK. Scores of newsstand, deli, barbershop and convenience store workers were arrested Friday as part of a five-borough NYPD sting to stop the sale of stolen Apple products.

Police said employees at the targeted locations were allegedly selling stolen iPad2s and iPhone4s for between $50 to $200 a piece.

Those same employees were also eager to buy devices they knew to be stolen, hawked by undercover officers, according to police.

Police worked as both undercover sellers and buyers in the sting.

"This was a two-pronged approach to apprehend both thieves and receivers of stolen property," Police Commissioner Ray Kelly said.

"Suspects at both ends of the equation are learning the hard way that victims and sellers may in fact be undercover police officers," he said.

One-hundred and forty one people were charged in the sting — 42 in Brooklyn, 41 in Manhattan, 31 in the Bronx, 21 in Queens and six on Staten Island.

METRO/EAE

City mourns fallen officer

Thousands expected to grieve loss of NYPD officer at funeral today ◐ Veteran officer leaves behind four daughters ◐ Cops far and wide respond with empathy

Honoring a hero

The public is invited to mourn Figoski today.

- The Funeral Mass will be held at 11 a.m. at St. Joseph Church in Long Island. **The church is located at 39 North Carll Avenue in Babylon, Long Island.**
- Thousands of police officers expected to attend will don a black band around their badges in memory of Figoski, according to the NYPD PBA.

▶ Officer Peter Figoski leaves behind four daughters, from left, Caitlyn, 18, Corinne, 14, Caroline, 16, and Christine Elizabeth, 20.

He paid the ultimate price to protect New York City, and today NYPD Officer Peter Figoski will be laid to rest.

Figoski, 47, was allegedly killed by career criminal Lamont Pride, 27, when he arrived on the scene of a drug robbery in process in Cypress Hills last Monday.

Hundreds of NYPD officers attended a two-day wake for Figoski this week at Boyd Funeral Home in Babylon, Long Island.

Figoski's funeral will begin at 11 a.m. today at St. Joseph's Church, also in Babylon.

Quoted

"We're a brotherhood; we all support one another."
RETIRED OFFICER GLENN KLEIN

Figoski spent the bulk of his career at the 75th Precinct in East New York, covering a part of the city plagued by high crime rates. All of his fellow officers at the 75th Precinct are expected to attend today's services, an officer at the precinct said.

Retired NYPD officer Glenn Klein, 53, never met Figoski, but will be paying his respects alongside thousands of other mourners at today's funeral.

"We're a brotherhood; we all support one another," said Klein. "When one gets hurt or killed, everyone feels it. It doesn't matter if you're a police officer in California or Chicago or New York."

Klein said he expects as many as 15,000 people to attend the funeral, including many officers from around the country.

"Peter Figoski spent his entire career patrolling the streets of East New York," said Patrick Lynch, president of the Patrolmen's Benevolent Association. "Now it is time for the people he dedicated his life to protecting to return that respect."

EMILY ANNE EPSTEIN
emily.epstein@metro.us

Cypress Hills gun buyback

CYPRESS HILLS. A half-mile away from the site of where Figoski was shot to death, more than a hundred dangerous weapons were turned in to a police-sponsored gun buyback program over the weekend.

Police collected 182 weapons at St. Peter's Lutheran Church in just eight hours on Saturday. According to police, seven of the weapons were turned in loaded.

The program offered a $200 bank card in exchange for an operable handgun and $20 for rifles and shotguns, with no questions asked.

The buyback was organized in response to Figoski's death.

"Unfortunately, the tragedy underscores the importance of removing as many guns as possible from our streets," said Bushwick State Senator Martin Malave Dilan, who sponsored the buyback along with Brooklyn District Attorney Charles Hynes.

DCPI
▶ Recovered weapons

In the news

Teen cyclist killed in Harlem

A teenager was struck and killed by a truck while riding his bike in Harlem on Friday. The boy, who was not identified by authorities, was riding westbound on 125th Street near Fifth Avenue around 12:30 p.m. when he was hit by a truck that was going in the same direction. No charges have been filed.

METRO/EAE

In the news

Diner ablaze

Just after 10 a.m. yesterday, firefighters responded to a fire at the popular Tick Tock Diner on 34th Street. FDNY officials said a discarded lit cigarette ignited the blaze, which spread to the second floor. The diner will be shut for two days for repairs, according to the New York Post.

METRO/EAE

You have to walk the 4½ MILES from Queens Blvd to the Lower East Side
Queens Blvd
QUEENS
East River
MANHATTAN
Lower East Side
BROOKLYN
to burn off the calories from ONE 23oz. SWEETENED TEA

Photo provided courtesy of: GeoEye

ARE YOU POURING ON THE POUNDS?

Sugary drinks can bring on obesity, type 2 diabetes and heart disease.
FOR HEALTHY ALTERNATIVES go to nyc.gov and search for Eating Healthy or call 311.

NYC Health

©2011 New York City Department of Health and Mental Hygiene

According to the Mayo Health Clinic, a 160 lb. person will burn 277 calories an hour walking 3.5 mph. So it will take walking approximately 3.03 miles to burn the 240 calories of a 20 oz. soda.

Made possible by funding from the Department of Health and Human Services.

Man comes forward in BK elevator kill

Ex-employee allegedly set woman on fire Police say he trapped victim in elevator, sprayed accelerant

DCPI

The suspect is seen here dousing a woman with liquid accelerant before allegedly setting her on fire.

Police arrested a man yesterday who they say set a woman on fire in a brutal attack in Prospect Heights on Saturday.

Jerome Issac, 47, surrendered to police custody early yesterday morning after a citywide search for the man behind the gruesome murder.

Dolores Gillespie, 73, was reportedly on her way home from buying groceries when a man blocked her as she tried to get off the elevator on the fifth floor of 203 Underhill Avenue. As she was trapped inside the elevator, he doused her with a flammable spray, police said.

The suspect was dressed as an exterminator, with white gloves, a dust mask and a spray canister, as he covered her entire body in the liquid, police said.

He then lit her on fire and lobbed a Molotov cocktail into the elevator before running away, police said.

Gillespie collapsed and was burned alive in the elevator, police said. She was pronounced dead at the scene.

Issac has been charged with first- and second-degree murder. Police said he was a former employee of Gillespie's who believed she owed him money.

EMILY ANNE EPSTEIN
emily.epstein@metro.us

MICHAEL BOCCHIERUCETTY IMAGES

Protest. Anniversary

Police push back against protesters at Duarte Square.

Stemming OWS tide?

On Saturday, hundreds of protesters descended on Duarte Square, at the corner of Canal St. and Sixth Avenue, to mark the three-month anniversary of the Occupy Wall Street movement. Protesters were seeking to occupy the park and the fenced-off lot next door, owned by Trinity Church. According to police, 65 were arrested and charged with a range of crimes, including disorderly conduct. METRO/EAE

Missing woman's body ID'd

LONG ISLAND. A Suffolk County medical examiner has confirmed that the remains found on Dec. 13 at Oak Beach are indeed Shannan Gilbert. Gilbert, 24, went missing last May in the area. Over the course of searching for her, police found 10 sets of human remains discarded on or near Gilgo Beach — all believed to be the victims of a serial killer. Suffolk County police don't think Gilbert was killed by the murderer, though her cause of death hasn't been determined. METRO/EAE

"Our condolences to the Gilbert family and her friends. We hope this brings them closure and peace."
RICHARD DORMER, SUFFOLK COUNTY POLICE COMMISSIONER

Metro Magic toy drive

1: Log on to www.metro.us and look for this Metro Magic logo:

2: One click on the logo will take you to a "Wish List" we have set up via a secure link on ToysRUs.com. Once there, you can see all the toys we've already requested, with more added daily.

- All the gifts purchased will be sent directly to Metro's office.
- Any reader who buys a toy through Metro is eligible to win a free 42-inch LCD TV from Kiss Electronics in Harlem. METRO

One last chance to buy toys for New York kids

This week is your last chance to donate to Metro Magic, Metro's annual holiday toy drive.

Hundreds of readers have already bought gifts. Last weekend, we gave away nearly 200 of the toys already donated to a holiday dinner for homeless children at the Brooklyn Children's Museum.

Tomorrow, Metro will join two New York charities — Women in Need and Live.Love.Dance — to distribute more of your donated toys.

Gifts will be handed out at Copia Restaurant in Midtown East to pre-teen foster kids, as well as to children who live in temporary housing after fleeing domestic violence situations.

NATE FITCH/METRO

▶ Justin Williams, 5, smiles while he plays with a gift donated by a Metro reader last weekend.

Adopt a pet

ASPCA

Ray is a 2-year-old domestic shorthair mix who is patiently waiting for a permanent playmate!

- He is very sweet, friendly and playful, but has been at the shelter too long. He can be very nervous in new places and when meeting new people, but once he warms up to you he'll be your best buddy.
- Ray would do best in a quiet household with an experienced cat owner. Please give this sweet boy a chance for a new happy life with a loving family.
- Visit the ASPCA at 424 E. 92nd Street (between York and First Avenues) to adopt. Or check online at **www.adoptaspca.org.**

HTC Wildfire S™

Now Available at MetroPCS!

MetroPCS is proud to introduce the HTC Wildfire S!

The HTC Wildfire S is the first phone from MetroPCS to offer the HTC Sense experience. HTC Sense gives you total control over how you personalize your phone and your life. The Wildfire S features Android 2.3 with optimized performance and quick access to over 200,000 apps in the Android Market.

Now at MetroPCS, get UNLIMITED Talk, Text, Web and Data on the HTC Wildfire S for just $50 a month with NO annual contract and taxes and fees included. The HTC smartphone you've always wanted is finally available at MetroPCS. Head into your local MetroPCS store and get yours today. MetroPCS, Wireless for ALL!

888.8metro8 | metropcs.com

twitter @MetroPCSNY

Nationwide coverage and services not available everywhere. Nationwide coverage of over 280 population calculated based on 2010 Target Pro data. Not all services available with all handsets. Visit metropcs.com or a MetroPCS store for information on specific Terms and Conditions of Service, coverage areas, handset capabilities and any applicable restrictions. Actual handset price $179.99. Sales tax not included. Rates, services and features subject to change. Nationwide long distance available only to continental U.S. and Puerto Rico. MetroPCS-related trademarks, service marks, and other intellectual property are the exclusive properties of MetroPCS Wireless, Inc. All other marks are the properties of their respective owners. ©2011, MetroPCS Wireless, Inc.

Kim Jong-il, North Korean leader, dead

North Korean leader Kim Jong-il, revered at home by a propaganda machine that turned him into a demigod and vilified in the West as a temperamental tyrant, has died, North Korean state television reported early today.

Kim, who was 69 years old, died on Saturday, it said.

Kim was the unchallenged head of the reclusive state whose economy fell deeper into poverty during his years in power as he vexed the world by developing a nuclear arms program and an arsenal of missiles aimed to hit neighbors Japan and South Korea.

Kim had been portrayed as a criminal mastermind behind deadly bombings, a jovial dinner host, a comic buffoon in Hollywood movies and by the administration of former U.S. President George W. Bush as the ruler of "an outpost of tyranny."

He was thought to have suffered a stroke in August 2008.

Known at home as "the Dear Leader," Kim took over North Korea in 1994 when his father and founder of the reclusive state Kim Il-sung, known as "the Great Leader," died.

Kim Jong-il was famed for his bouffant hairdo, platform shoes and jump suits. REUTERS

▶ North Korea's leader Kim Jong-il waves his hand from a car after the meeting with Russian President Dmitry Medvedev on Aug. 24.

DMITRY ASTAKHOV/AFP/GETTY IMAGES

Leader portrayed differently at home

Kim was known as a womanizer, a drinker and a movie buff, according to those people who had been in close contact with him and later left the country.

He enjoyed ogling Russian dancing girls, amassing a wine cellar with more than 10,000 bottles and downing massive amounts of lobster and cognac.

North Korea's propaganda machine painted a much more different picture.

It said Kim piloted jet fighters — even though he travelled by land for his infrequent trips abroad. He penned operas, had a photographic memory, produced movies and accomplished a feat unmatched in the annals of professional golf, shooting 11 holes-in-one on the first round he ever played.

When he first took power in 1994, many analysts thought Kim's term as North Korea's leader would be short-lived and powerful elements in the military would rise up to take control of the state.

Kim has three known sons. He is believed to have anointed the youngest, Kim Jong-un, to succeed him. REUTERS

Heart attack

North Korean Kim Jong-il suffered a massive heart attack on a train on Saturday, the North's KCNA news agency said in a separate dispatch about his death. An autopsy conducted yesterday confirmed the cause of death, it said.

NYSCAS
New York School of Career and Applied Studies
a division of TOURO COLLEGE
Get on the Road to a Bright Future!
ASSOCIATE'S AND BACHELOR'S DEGREES
• BUSINESS MANAGEMENT AND ADMINISTRATION with concentrations in: Accounting, Finance, Marketing, Management, Information Systems, Office Technology • SOCIAL SCIENCES
• HUMAN SERVICES • PSYCHOLOGY • EDUCATION • DIGITAL MULTIMEDIA DESIGN
• BIOLOGY • PARALEGAL STUDIES • LIBERAL ARTS AND SCIENCES* • AND MORE
*also in conjunction with the School of Health Sciences
CERTIFICATE PROGRAMS
• DMX—Digital Media Arts
• Desktop and Web Publishing
OTHER PROFESSIONAL OPPORTUNITIES
• Pre-Law • Pre-Medical • Pre-Dental
877.3.NYSCAS x1003
(877.369.7227 x1003)
Manhattan Brooklyn Queens
COME TO ONE OF OUR OPEN HOUSES!
MIDTOWN | 27-33 West 23rd Street
Wednesdays, 10 am-5:30 pm, 212.463.0400 x5500
UPTOWN | 240 East 123rd Street
Mondays through Thursdays, 10 am-5 pm, 212.722.1575 x101
BROOKLYN | 1870 Stillwell Avenue
Wednesdays, 11 am-7 pm, 718.265.6534 x1003
www.touro.edu/nyscas
Touro College is an equal opportunity institution

The best moments last forever.
Now Open in Soho
PANDORA™ STORE
412 W. Broadway • Soho, NYC
212.226.3413
PANDORA®
UNFORGETTABLE MOMENTS
U.S. Pat. No. 7,007,507 • © 2011 Pandora Jewelry, LLC • All rights reserved • PANDORA.NET

WHO'S your SANTA!™
today!
Tuesday
33rd &6th
WE MAKE CHRISTMAS AFFORDABLE.
YOU MAKE IT YOURS.
Take MTA bus or subway to 34th St./Herald Square. Or take PATH train to 33rd St. station.

Vaclav Havel paved path for peaceful protesters

▶ Thousands of mourners commemorated the death of Vaclav Havel in Prague.

SEAN GALLUP/GETTY IMAGES

◗ Famous dissident dead of cancer complications at age 75 ◗ Led Pragues's democratic 'Velvet Revolution'

Vaclav Havel, a dissident playwright jailed by Communists who became Czech president and a symbol of peace and freedom after leading the bloodless "Velvet Revolution," died at 75 yesterday.

The former chain smoker died at his country home in Hradecek, north of Prague, of a long respiratory illness after surviving operations for lung cancer and a burst intestine in the late 1990s that left him frail for more than a decade.

The diminutive playwright rose to fame after facing down Prague's communist regime. His plays were banned for two decades and he was thrown into prison several times after launching Charter 77, a manifesto demanding the communist government adhere to international standards for human rights.

Quoted

"Truth and love will overcome lies and hatred."

SLOGAN FROM HAVEL THAT CZECHS REMEMBER FROM THE "VELVET REVOLUTION" DAYS

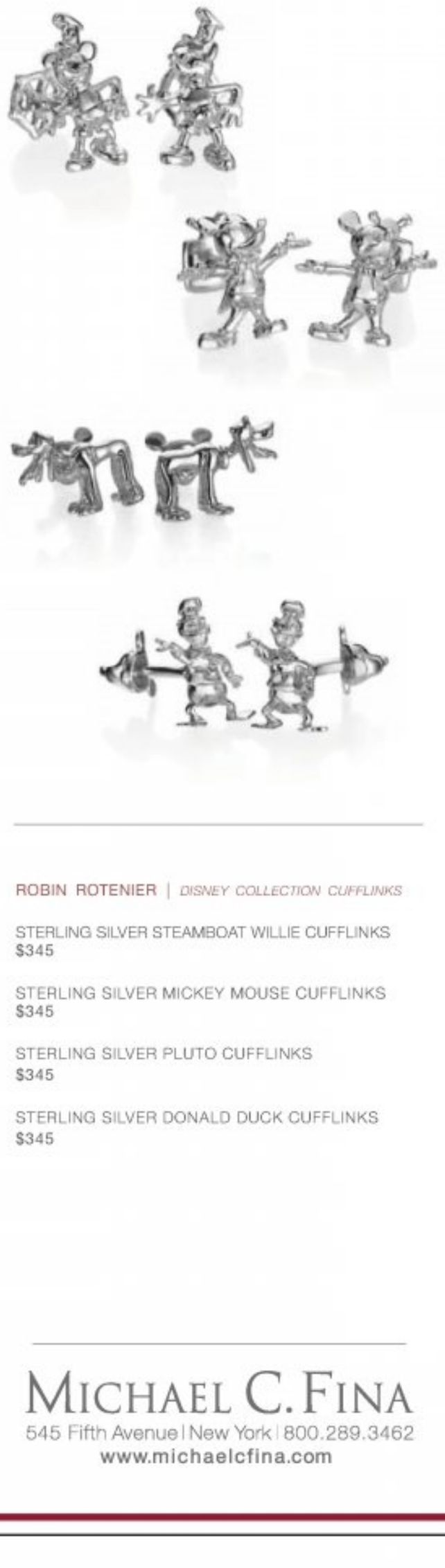
Just six months after completing his last jail sentence, Havel led hundreds of thousands of protesters in Prague's cobblestone streets in a peaceful uprising in November 1989 that ended Soviet-backed rule. Just over a month later, he was installed as president.

Much of his two terms was cast as a struggle for the soul of democratic reforms against right-wing economist Vaclav Klaus, who eventually replaced Havel as president in 2003.

Human rights stayed high on his agenda, as did anxiety about the environment and the pursuit of moral values in the globalising world, and he was nominated several times for the Nobel Peace Prize.

"He was a great and well-deserving man and will be greatly missed," said Polish dissident leader Lech Walesa. REUTERS

JOIN THE CLUB



ROBIN ROTENIER | *DISNEY COLLECTION CUFFLINKS*

STERLING SILVER STEAMBOAT WILLIE CUFFLINKS
$345

STERLING SILVER MICKEY MOUSE CUFFLINKS
$345

STERLING SILVER PLUTO CUFFLINKS
$345

STERLING SILVER DONALD DUCK CUFFLINKS
$345

MICHAEL C. FINA
545 Fifth Avenue | New York | 800.289.3462
www.michaelcfina.com

silent nights?

Join for $20.12 and rest of month is FREE!*

NYSC
new york sports clubs®

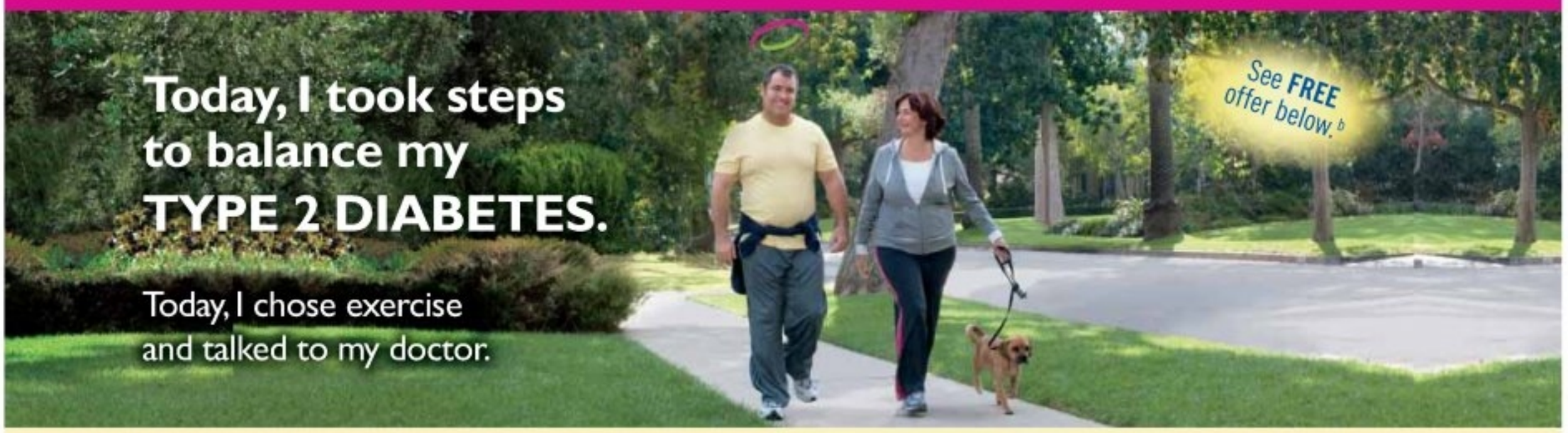
MySportsClubs.com • 108 tri-state locations

*Requires a 1-year membership. Monthly dues are waived from 12.1.11 – 12.31.11. $20.12 joining fee plus a processing fee are due upon enrollment. Sales tax where applicable. Not transferable. No cash value. Cannot be combined with any other offer. Expires 12.22.11.

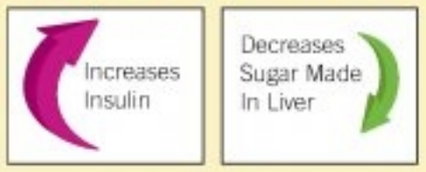
Like us on facebook.com/myNYSC

RATE-LOCK GUARANTEE
Your monthly dues will never increase.

JANUVIA is widely available on most insurance plans.[a]



JANUVIA works to lower blood sugar in 2 ways. Talk to your doctor about JANUVIA today.



- **JANUVIA is a once-daily prescription pill that helps your body increase the insulin made in your pancreas and decrease the sugar made in your liver.**
- **Along with diet and exercise, JANUVIA helps lower blood sugar levels in adults with type 2 diabetes.**
- **JANUVIA is not likely to cause weight gain or low blood sugar (hypoglycemia).**

JANUVIA (jah-NEW-vee-ah) should not be used in patients with type 1 diabetes or with diabetic ketoacidosis (increased ketones in the blood or urine). If you have had pancreatitis (inflammation of the pancreas), it is not known if you have a higher chance of getting it while taking JANUVIA.

Selected Risk Information About JANUVIA: Serious side effects can happen in people who take JANUVIA, including pancreatitis, which may be severe and lead to death. Before you start taking JANUVIA, tell your doctor if you've ever had pancreatitis. Stop taking JANUVIA and call your doctor right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

Do not take JANUVIA if you are allergic to any of its ingredients, including sitagliptin. Symptoms of serious allergic reactions to JANUVIA, including rash, hives, and swelling of the face, lips, tongue, and throat that may cause difficulty breathing or swallowing, can occur. If you have any symptoms of a serious allergic reaction, stop taking JANUVIA and call your doctor right away.

Kidney problems, sometimes requiring dialysis, have been reported.

If you take JANUVIA with another medicine that can cause low blood sugar (hypoglycemia), such as a sulfonylurea or insulin, your risk of getting low blood sugar is higher. The dose of your sulfonylurea medicine or insulin may need to be lowered while you use JANUVIA. Signs and symptoms of low blood sugar may include headache, drowsiness, weakness, dizziness, confusion, irritability, hunger, fast heart beat, sweating, and feeling jittery.

Your doctor may do blood tests before and during treatment with JANUVIA to see how well your kidneys are working. Based on these results, your doctor may change your dose of JANUVIA. The most common side effects of JANUVIA are upper respiratory tract infection, stuffy or runny nose and sore throat, and headache.

Call 1-888-JANUVIA or visit Januvia.com.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

[a] Fingertip Formulary, LLC, June 2011.

Please see the Medication Guide on the next page and discuss it with your doctor.

MERCK | **Merck Helps**™ Having trouble paying for your Merck medicine? Merck may be able to help. www.merck.com/merckhelps

Januvia® (sitagliptin) tablets

Copyright © 2011 Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.** All rights reserved. DIAB-1018050-0000 12/11

[b] **Terms and conditions apply. Please see next page.**

Eligible patients may receive a free 30-day trial supply of JANUVIA.

Dose _____mg
Offer valid for up to 30 tablets.

1. Take this voucher to your next appointment. Ask your doctor about JANUVIA.
2. Get a free 30-day trial supply of JANUVIA if your doctor says it's right for you.
No purchase is required. Not valid for refills.
JANUVIA is a prescription medication. Only your health care provider can decide if JANUVIA is right for you.
How this voucher works:
- This voucher can be used 1 time before the expiration date.
- To receive your free 30-day trial supply of JANUVIA, take this voucher with your valid signed prescription to any participating eligible retail pharmacy (certain restrictions apply).
- There is no requirement to purchase any product or service to receive your free 30-day trial supply of JANUVIA.
- Restrictions apply. **Please see Terms and Conditions on the back of this voucher.**
- **Expiration Date: 06/30/2012**

Prescriber
To initiate a free 30-day trial supply for an appropriate patient, you should:
- **Read the Prescribing Information before prescribing JANUVIA.**
- Write a prescription for up to 30 tablets of JANUVIA. No substitutions are permitted.
- Refills are not required and there are no requirements to purchase any product or service to use this voucher. If you want your patient to continue taking JANUVIA beyond the free trial period, please write a separate prescription based on your recommended therapy.
- Fill in the dose on this voucher.
- Give the valid signed prescription and this voucher to the patient along with the Medication Guide for JANUVIA.
- Eligible patients can take this voucher and the prescription to any participating eligible retail pharmacy to receive their free 30-day trial supply.
- For additional copies of the Prescribing Information, call 800-672-6372, visit Januvia.com, or contact your Merck representative.

Pharmacist
- Only 1 voucher may be used per patient. Voucher may not be transferred to another patient.
- There is no requirement for patient to purchase any product or service and refills are not required.
- Please ensure that the medication and dosage strength selected match the medication and dosage strength on the prescription.
- **Submit claim to McKesson Corporation using BIN No. 610524. For pharmacy processing questions, please call the Help Desk at 800-657-7613.**
- For all other prescriptions, please use the patient's primary method of payment and a new Rx number.
- By processing this voucher, you agree that no claim for payment or reimbursement may be submitted for this free trial supply to any patient or any third-party payer, including federal or state health care programs (Medicaid, Medicare [including true out-of-pocket expense (TrOOP)], or any other state or federal medical or pharmaceutical benefit or pharmaceutical assistance program), private insurers, and health or pharmacy benefit plans.
- For auditing purposes, a copy of this voucher must be attached to the original prescription and retained by the pharmacy. McKesson Corporation reserves the right to review all records and documentation relating to the dispensing of product.
- By accepting this voucher, you agree to the terms hereof.
- **No universal claim forms will be processed.**

Copyright © 2011 Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.** All rights reserved.

RxBIN No: 610524 RxPCN: 1016 RxGroup: 40026249 Issuer: (80840) ID: 029889260

THIS VOUCHER IS NOT INSURANCE.

Medication Guide

JANUVIA® (jah-NEW-vee-ah) (sitagliptin) Tablets

Read this Medication Guide carefully before you start taking JANUVIA and each time you get a refill. There may be new information. This information does not take the place of talking with your doctor about your medical condition or your treatment. If you have any questions about JANUVIA, ask your doctor or pharmacist.

What is the most important information I should know about JANUVIA?

Serious side effects can happen in people taking JANUVIA, including inflammation of the pancreas (pancreatitis) which may be severe and lead to death.

Certain medical problems make you more likely to get pancreatitis.

Before you start taking JANUVIA:

Tell your doctor if you have ever had

- pancreatitis
- stones in your gallbladder (gallstones)
- a history of alcoholism
- high blood triglyceride levels
- kidney problems

Stop taking JANUVIA and call your doctor right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

What is JANUVIA?

- JANUVIA is a prescription medicine used along with diet and exercise to lower blood sugar in adults with type 2 diabetes.
- JANUVIA is not for people with type 1 diabetes.
- JANUVIA is not for people with diabetic ketoacidosis (increased ketones in your blood or urine).
- If you have had pancreatitis (inflammation of the pancreas) in the past, it is not known if you have a higher chance of getting pancreatitis while you take JANUVIA.
- It is not known if JANUVIA is safe and effective when used in children under 18 years of age.

Who should not take JANUVIA?

Do not take JANUVIA if:

- you are allergic to any of the ingredients in JANUVIA. See the end of this Medication Guide for a complete list of ingredients in JANUVIA.

  Symptoms of a serious allergic reaction to JANUVIA may include:
  - rash
  - raised red patches on your skin (hives)
  - swelling of the face, lips, tongue, and throat that may cause difficulty in breathing or swallowing

What should I tell my doctor before taking JANUVIA?

Before you take JANUVIA, tell your doctor if you:

- have or have had inflammation of your pancreas (pancreatitis).
- have kidney problems.
- have any other medical conditions.
- are pregnant or plan to become pregnant. It is not known if JANUVIA will harm your unborn baby. If you are pregnant, talk with your doctor about the best way to control your blood sugar while you are pregnant.

  Pregnancy Registry: If you take JANUVIA at any time during your pregnancy, talk with your doctor about how you can join the JANUVIA pregnancy registry. The purpose of this registry is to collect information about the health of you and your baby. You can enroll in this registry by calling 1-800-986-8999.
- are breast-feeding or plan to breast-feed. It is not known if JANUVIA will pass into your breast milk. Talk with your doctor about the best way to feed your baby if you are taking JANUVIA.

Tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements.

Know the medicines you take. Keep a list of your medicines and show it to your doctor and pharmacist when you get a new medicine.

How should I take JANUVIA?

- Take JANUVIA 1 time each day exactly as your doctor tells you.
- You can take JANUVIA with or without food.
- Your doctor may do blood tests from time to time to see how well your kidneys are working. Your doctor may change your dose of JANUVIA based on the results of your blood tests.
- Your doctor may tell you to take JANUVIA along with other diabetes medicines. Low blood sugar can happen more often when JANUVIA is taken with certain other diabetes medicines. See **"What are the possible side effects of JANUVIA?"**.
- If you miss a dose, take it as soon as you remember. If you do not remember until it is time for your next dose, skip the missed dose and go back to your regular schedule. Do not take two doses of JANUVIA at the same time.
- If you take too much JANUVIA, call your doctor or local Poison Control Center right away.
- When your body is under some types of stress, such as fever, trauma (such as a car accident), infection or surgery, the amount of diabetes medicine that you need may change. Tell your doctor right away if you have any of these conditions and follow your doctor's instructions.
- Check your blood sugar as your doctor tells you to.
- Stay on your prescribed diet and exercise program while taking JANUVIA.
- Talk to your doctor about how to prevent, recognize and manage low blood sugar (hypoglycemia), high blood sugar (hyperglycemia), and problems you have because of your diabetes.
- Your doctor will check your diabetes with regular blood tests, including your blood sugar levels and your hemoglobin A1C.

What are the possible side effects of JANUVIA?

Serious side effects have happened in people taking JANUVIA.

- See **"What is the most important information I should know about JANUVIA?"**.
- **Low blood sugar (hypoglycemia).** If you take JANUVIA with another medicine that can cause low blood sugar, such as a sulfonylurea or insulin, your risk of getting low blood sugar is higher. The dose of your sulfonylurea medicine or insulin may need to be lowered while you use JANUVIA. Signs and symptoms of low blood sugar may include:
  - headache
  - drowsiness
  - weakness
  - dizziness
  - confusion
  - irritability
  - hunger
  - fast heart beat
  - sweating
  - feeling jittery
- **Serious allergic reactions.** If you have any symptoms of a serious allergic reaction, stop taking JANUVIA and call your doctor right away. See **"Who should not take JANUVIA?"**. Your doctor may give you a medicine for your allergic reaction and prescribe a different medicine for your diabetes.
- **Kidney problems,** sometimes requiring dialysis

The most common side effects of JANUVIA include:

- upper respiratory infection
- stuffy or runny nose and sore throat
- headache

JANUVIA may have other side effects, including:

- stomach upset and diarrhea
- swelling of the hands or legs, when JANUVIA is used with rosiglitazone (Avandia®). Rosiglitazone is another type of diabetes medicine.

These are not all the possible side effects of JANUVIA. For more information, ask your doctor or pharmacist.

Tell your doctor if you have any side effect that bothers you, is unusual or does not go away.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store JANUVIA?

Store JANUVIA at 68°F to 77°F (20°C to 25°C).

Keep JANUVIA and all medicines out of the reach of children.

General information about the use of JANUVIA

Medicines are sometimes prescribed for purposes that are not listed in Medication Guides. Do not use JANUVIA for a condition for which it was not prescribed. Do not give JANUVIA to other people, even if they have the same symptoms you have. It may harm them.

This Medication Guide summarizes the most important information about JANUVIA. If you would like to know more information, talk with your doctor. You can ask your doctor or pharmacist for additional information about JANUVIA that is written for health professionals. For more information, go to www.JANUVIA.com or call 1-800-622-4477.

What are the ingredients in JANUVIA?

Active ingredient: sitagliptin.

Inactive ingredients: microcrystalline cellulose, anhydrous dibasic calcium phosphate, croscarmellose sodium, magnesium stearate, and sodium stearyl fumarate. The tablet film coating contains the following inactive ingredients: polyvinyl alcohol, polyethylene glycol, talc, titanium dioxide, red iron oxide, and yellow iron oxide.

What is type 2 diabetes?

Type 2 diabetes is a condition in which your body does not make enough insulin, and the insulin that your body produces does not work as well as it should. Your body can also make too much sugar. When this happens, sugar (glucose) builds up in the blood. This can lead to serious medical problems.

High blood sugar can be lowered by diet and exercise, and by certain medicines when necessary.

JANUVIA® is a registered trademark of Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.**
Avandia® is a registered trademark of GlaxoSmithKline.
Copyright © 2010 Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.**
All rights reserved
Revised April 2011

Manuf. for: Merck Sharp & Dohme Corp., a subsidiary of
MERCK & CO., INC., Whitehouse Station, NJ 08889, USA

Manufactured by:
Merck Sharp & Dohme (Italia) S.p.A.
Via Emilia, 21
27100 – Pavia, Italy
9984404

US Patent No.: 6,699,871
This Medication Guide has been approved by the U.S. Food and Drug Administration. DIAB-1018050-0000 12/11

Terms and Conditions

- This voucher is valid for 1 free 30-day trial supply of JANUVIA.
- Limit 1 voucher per patient for the duration of the program.
- Valid for 1-time use only. Free trial offer is valid only for up to 30 tablets of JANUVIA. No purchase is necessary. Refills are not required.
- This voucher is not transferable. No substitutions are permitted. Cannot be combined with any other free trial, coupon, discount, prescription savings card, or other offer.
- **This voucher is not insurance.**
- You must be 18 years or older to redeem this voucher. Patient, pharmacist, and prescriber agree not to seek reimbursement for all or any part of the benefit received by the patient through this offer. The free trial supply of JANUVIA cannot be used toward any out-of-pocket costs under any plan (such as true out-of-pocket expense [TrOOP]).
- This voucher can be used only by eligible US residents at any participating eligible retail pharmacy in the United States. Product must originate in the United States.
- This voucher is the property of Merck and must be turned in on request.
- Merck reserves the right to rescind, revoke, or amend this offer at any time without notice.
- **It is illegal to sell, purchase, trade, or counterfeit this voucher. Void if reproduced. Void where prohibited by law, taxed, or restricted.**
- **Please read the accompanying Medication Guide and discuss it with your doctor. Also available is the physician Prescribing Information.**
- **Expiration Date: 06/30/2012**

Januvia®
(sitagliptin) tablets

YOU TAKE CARE OF US. WE TAKE CARE OF YOU.

At EmblemHealth, we put care first — for our members and for our community. We're proud of our long-standing commitment to the people of New York, and we're honored to provide for those who make our city great.

After all, you take care of us every day. It's a privilege to return the favor.

emblemhealth.com

EmblemHealth®

WHAT CARE FEELS LIKE.

myentertainment

2

THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Albert Brooks is still smarting over not getting a Screen Actors Guild Award nomination, Patton Oswalt is engaging in some interesting promotional activities, Jonah Hill is watching MTV and Kirstie Alley likes what she's hearing.

▶ **@AlbertBrooks**
Just got back from mall. Told Santa what I wanted. He said he didn't even know what SAG was, let alone how to punish it.

▶ **@pattonoswalt**
Anyone who sees #Young Adult, please Tweet your home address. I will personally bring a casserole to you.

▶ **@JonahHill**
"True Life: I Have A Hot Mom" is easily my favorite True Life.

▶ **@kirstiealley**
"His words are bonds,his oaths are oracles,his heart as far from fraud,as heaven from earth" Shakespeare ....does this man exist??

The story behind Spears' engagement

Thanks to giving up the reigns to her life to a court-appointed conservatorship (her father and a lawyer) and, well, I'm just guessing here, some big pharma mood-stabilizers, I believe **Britney Spears** is in a much happier and healthier head space than she's ever been. It actually seems like things are back to normal for the star/robot. Which is why it's surprising to see her engagement to boyfriend and former agent **Jason Trawick** come across as the most orchestrated news item since **Kim Kardashian**'s wedding. After all, "normal" megawatt celebrities keep things like this private; only the ones with something to prove try to force it down our throats.

On Thursday, the two got engaged. And then they celebrated that engagement — and Trawick's 40th birthday — in Las Vegas on Friday night. And, wouldn't you know it? An army of photographers and publicists were at the ready. They followed them through each perfectly crafted event — from the two of them checking in to Planet Hollywood, then having dinner at Sugar Factory American Brasserie, to dancing at the Chateau nightclub (notice all of that product placement — I'm sure they all paid a pretty penny for this). The whole night was completely packaged for our enjoyment.

Sure, out of everything that Spears has been through, a formulated engagement is nothing. It's just kind of sad that this living doll can't be a real person who celebrates real milestones authentically.

PHOTOS: GETTY IMAGES

▶ Oh, you know, just a quiet celebration at Planet Hollywood ...

Don't call her ScarJo

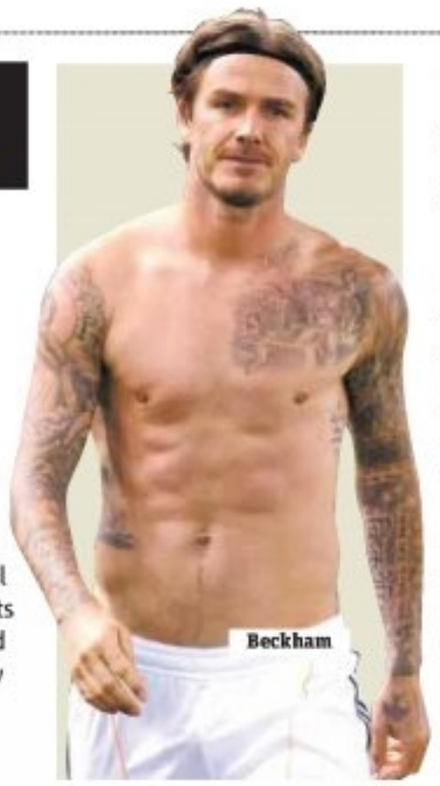
After going through a divorce from **Ryan Reynolds**, **Scarlett Johansson** hasn't completely ruled out tying the knot again. "I have no idea. I don't X things off. I don't know. Life is long," she tells USA Today. But for the time being, she's getting the most out of being single. "It's been nice to just focus on that and to focus on myself. There's something quite refreshing about it." But Johansson admits she'd be a lot happier if people would stop referring to her as ScarJo. "Oh, it's awful. It's a laziness. People can't actually say the whole name? It's just bizarre," she says.

As a writer, I know that the problem doesn't lie in saying "Scarlett Johansson" — it's spelling it.

Talking points

From soccer star to movie star?

Tom Cruise has his eye on a new co-star, telling the Daily Mirror that he would "love to do action movies with **[David] Beckham**." But before turning his athletic pal into a movie star, Cruise wants something too: "David would have to teach me how to play soccer first," he says. Cruise even has a type of role in mind, saying that Beckham "would make a great baddie."



Hef is proven wrong

Hugh Hefner admits he wasn't totally convinced having **Lindsay Lohan** pose nude for Playboy was a great idea. "I kind of had mixed emotions about it initially, and then it turned into something bigger than life," Hefner tells E! News. "I wasn't quite sure where she was at in her life, obviously. It depends on whether it's Tuesday or Thursday." And while he is pleased with the final product, the magazine mogul says he wasn't the only one who needed convincing about Lohan baring all. "I think it was essentially mama and the folks around her that kept pushing for less nudity," Hefner says. "And I said, 'We're doing a nude pictorial here. We're going to do it in a very classy way and we're going to do it in a way in which it will not be forgotten.'"

More on Lopez and Smart (barf)

Jennifer Lopez and her new boyfriend, dancer **Casper Smart**, have been pretty much inseparable. First there was Thanksgiving in Mexico and a trip to Morocco, and now Lopez is even taking Smart to work. According to Hollyscoop, Smart has been paying Lopez visits on the set of "American Idol" while she and judges **Randy Jackson** and **Steven Tyler** hold auditions in Pasadena, Calif. And a source says Lopez has even given Smart permission to drive her Bentley, which can't be sitting well with **Marc Anthony**, who doesn't want Smart driving his kids around since he was previously arrested on drag-racing charges.

MARY J. BLIGE
KELLY CLARKSON
FLORENCE + THE MACHINE
JENNIFER HUDSON
JESSIE J
JILL SCOTT
THE ROOTS
CHAKA KHAN
ERYKAH BADU
SHARON JONES & THE DAP-KINGS
MAVIS STAPLES
ANITA BAKER
AND MORE...
VH1 DIVAS
CELEBRATES
soul
vh1.com
TONIGHT AT 9PM
vh1

myentertainment

A whale of a weekend for celebs

1. What does this Beluga whale want for Christmas? He let Santa know at SeaWorld San Diego on Thursday in San Diego, Calif.

2. Mary J. Blige seemed contemplative during an interview at the WDAS iHeart Performance Theater on Thursday in Bala Cynwyd, Pa.

3. Tom Cruise and Suri Cruise were snapped leaving their Tribeca hotel on Friday in New York City.

4. Kim Kardashian stepped out sans wedding ring at the grand opening of the Kardashian Khaos store at the Mirage Hotel & Casino on Friday in Las Vegas.

5. A sleek Sandra Bullock attended the "Extremely Loud & Incredibly Close" New York premiere at the Ziegfeld Theater on Friday in New York City.

6. Zac Efron attended the "New Year's Eve" Press Conference at Grand Hyatt Tokyo on Friday in Tokyo, Japan.

7. Flea of American rock band Red Hot Chili Peppers hulked out on stage at the Palau Sant Jordi on Thursday in Barcelona, Spain.

1: MIKE AGUILERA/ GETTY IMAGES
2: JEFF FUSCO/GETTY IMAGES
3: RAY TAMARRA/GETTY IMAGES
4: ETHAN MILLER/GETTY IMAGES
5: STEPHEN LOVEKIN/GETTY IMAGES
6: JUN SATO/WIREIMAGE
7: DAVID RAMOS/GETTY IMAGES

TREAT YOURSELF TO A YOUNGER LOOKING YOU!
FIT INTO THOSE SKINNY JEANS
HOW MUCH CAN YOU LOSE IN 6 WEEKS?
• TOP MD BOARD CERTIFIED INTERNIST-ADMINISTERED WEIGHT LOSS PROGRAM
• FAST, HEALTHY AND SAFE WEIGHT LOSS
• PROGRAM IS PERSONALIZED TO YOUR OWN METABOLISM AND LIFESTYLE
• WE USE LATEST TECHNOLOGY WITH NEW BODY COMPOSITION ANALYSIS (BCA)
• NEW FAT-BURNING COMPOUNDS
• 6 WEEK OR 12 WEEK PROGRAMS TAILORED FOR YOU
~ ACCELERATED PLANS AVAILABLE
~ PACKAGE PRICES AVAILABLE
*SCHEDULE YOUR $35 CONSULTATION TODAY TO FIND OUT HOW MUCH WEIGHT YOU CAN LOSE IN 6 WEEKS
MANHATTAN MEDICAL
WEIGHT LOSS PHYSICIAN
110 EAST 40TH ST., SUITE 606 NEW YORK, NY 10016
(212) 490-7700
MANHATTANMEDICALWEIGHTLOSSPHYSICIAN.COM

myentertainment

Peace on Earth, 'Guy Code' to men

With new holiday episode, MTV2 show sets record straight on ugly sweaters and gifts for bros and girls

▶ "Guy Code" premieres two new back-to-back episodes, including the holiday episode, tomorrow at 11 p.m. on MTV2.

COURTESY OF MTV2

'Tis the season to be jolly, but comedian Damien Lemon says that the key is to not overdo it. Lemon is one of the funnier talking heads on MTV2's "Guy Code," a show that basically serves as an instructional video on how to not make an ass of yourself — something us guys are prone to do without guidance.

"There are festivities and it is a joyous occasion," says Lemon about the holidays, "but you need to temper that enthusiasm."

Here are a few of Lemon's other tips to making sure the most wonderful time of the year actually lives up to its title.

Buy a manly gift for your best bro: "I personally wouldn't give another dude a fragrance, I wouldn't give another dude some underwear. I'd give a dude some DVDs, 'The Wire,' 'Sons of Anarchy,' something aggressive. Maybe a whiskey."

Buy an appropriate gift for the girl you're crushing on in the office: "At work, you've gotta be careful. You don't want to jump out the window. You don't wanna buy lingerie and get fired. Stick with something that's cool and benign; a candle, or something like that. It smells good, she'll probably light it later in her bedroom."

Don we now our crazy sweater apparel: "Some people do the holiday sweaters and things of that nature. You kind of want to dress up a little bit to celebrate. It's the holiday season — this is the one where you have to be in mandatory good spirits — so you should dress up a little bit. Don't overdo it. [If you are going to don an ugly sweater], pick one character, commit to one thing; 'I'm gonna have a reindeer this year.' ... Don't do reindeer, elves and a Santa Claus. ... You don't need a nativity scene on your sweater." PAT HEALY

Sacrifice your pride for those family traditions

"The thing about the holidays — especially Christmas — is it's not all about you. So if your family has a tradition that may be kind of corny, you indulge a little. We have this thing in my family called Hug Fest, and it sounds crazy, it sounds like some Huxtable type of situation. ... Around 11, my family's gonna sing a song, a lot of people in my family sing so it doesn't look as bad as it could. I just hum in the back, I'm not trying to go up in there with a baritone, no solos. So anyway, we do that up until midnight and then everyone hugs each other. It's a family tradition. Now I wouldn't tell any of my homeboys about this. It's something you do for your family."

DENTAL IMPLANTS

We will beat or match any competitor's legitimate written estimate

$395* per Implant

+Post $595
+Crown $795
Total $1,785

*Implant, abutment & crown must be completed at our office to qualify for promotional fees

Speak with your Smile Today! Expires 1/31/12

GRAND OPENING SMITHTOWN

Contemporary Dental Implant Centre

CONTEMPORARY DENTAL IMPLANT CENTRE

8 Convenient Locations

41st & Madison Avenue • Brooklyn
Valley Stream • Smithtown (Suffolk County)
Massapequa Park • Scarsdale
Rego Park • Wall Street

CT Scan-3D Views of the Jaw now available at our Madison Ave. location.

FREE CONSULTATION
Over 2,000 implants placed each year.

CALL 212-269-9500 TODAY!

Se Habla Español
www.395DentalImplant.com
OPEN 7 DAYS A WEEK

Say "No" to the Mask

Are you one of the millions of people who snore and refuse to wear the mask? Or do you currently wear a mask but need an alternative?

There is a solution.

Our specialists at the Manhattan Snoring & Sleep Center only treat snoring and sleep apnea.

Taking a minimally invasive, in-office approach allows you to get quick, safe and affordable treatment, avoid painful surgery and cumbersome masks.

WHY WAIT?

Going untreated is not an option. Ignoring your sleep apnea can lead to serious health issues.

Sleep is not a luxury... It's a necessity.

You don't have to live with the mask.

We can tailor a plan to treat your sleep apnea, and give you the quality sleep you need.

MANHATTAN SNORING&SLEEP CENTER

Call us at (866) 352-0602 to schedule your appointment.
Visit us at nycsnoring.com to learn more.

GREEN CLEANING

KITCHENS – BATHROOMS LIVING AREAS
BEDROOMS – MOVE IN/OUT – POST CONSTRUCTION

Serving Manhattan, Brooklyn, Queens, Bronx, and Jersey City.

$29.50 per hr

Experienced Housekeepers – Fully Bonded & Insured

BOOK YOUR APPOINTMENT ONLINE TODAY!!

www.myaphaliving.com
212.229.9595
718.421.9596

AlphaLiving RESIDENTIAL CLEANING

myentertainment

WARNER BROS. PICTURES

▶ Jude Law adds another film to the "Sherlock" franchise.

'Sherlock Holmes' sequel leads box office

Action adventure film "Sherlock Holmes: A Game of Shadows" led a trio of sequels at the U.S. box office over the weekend with $40 million in ticket sales, according to studio estimates compiled by Reuters on Sunday.

The sequel to 2009's "Sherlock Holmes" starring Robert Downey Jr. beat "Alvin and the Chipmunks: Chipwrecked," the third film in the popular family franchise. "Chipwrecked" pulled in $23.5 million from Friday through Sunday.

"Mission: Impossible — Ghost Protocol," the fourth movie in the action series starring Tom Cruise, was in third place with $13 million at just 425 theaters over three days. "Sherlock Holmes" and "Chipwrecked" played in more than 3,700 theaters each. REUTERS

TV watch list

BROOK BUSHTON/FOX

▶ Taylor (Stephen Lang) prepares for the arrival of the 11th Pilgrimage in the two-hour season finale of "Terra Nova."

'Terra Nova'

DRAMA. "The faith of mankind all comes down to one final battle," Fox says of the time-travel drama's two-hour finale, in which the evil Phoenix Group takes control of the colony. Can't Jim and Taylor just sic the dinosaurs on them? **Season finale, 8 p.m., Fox**

'The Mortified Sessions'

REALITY. Comic couple Nick Offerman ("Parks and Recreation") and Megan Mullally ("Will & Grace") share less-than-flattering (but totally hilarious) details on their awkward years. **8 p.m., Sundance Channel**

'Cake Boss: Next Great Baker'

REALITY. The ol' gingerbread house with candy cane shingles probably won't cut it in this holiday-themed cake challenge. **9 p.m., TLC** METRO

PF2010-1

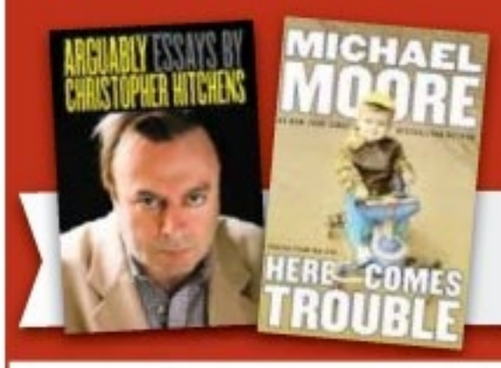
Are You Shy

- ❑ Do you get anxious in front of others?
- ❑ Do you feel embarrassed if you have to give a speech or perform at a public function?
- ❑ Do you avoid meeting new people, going to parties, or dating?
- ❑ Is it difficult for you to eat, drink, or write while others may be watching you?

If your answer is yes to any of these questions, you may be suffering from Social Anxiety Disorder. If you are between 18 and 75 years of age, and feel that these problems interfere with your ability to achieve your goals or to enjoy life fully, you may be eligible for our research study. If you qualify, you will receive study-related evaluations with our Board Certified Physician and study medication, at no cost to you. Please call for more information.

(212) 595-5012
The Medical Research Network, L.L.C.
134 East 93rd Street • New York NY 10128 • www.MedicalResearchNetwork.com

FREE TOTE
When You Spend $50 or More*



NEW BOOKS WE LOVE
10% OFF

STRAND — WHERE BOOKS ARE LOVED — NEW YORK CITY • EST. 1927

828 Broadway at 12th St
Central Park Kiosks 5th Ave at 60th St
strandbooks.com

*Valid 11/08/2011–01/09/2012. Limit one per customer.

New Hope Fertility Center
A gentler approach to IVF

Simple.
Successful.
Affordable.

We are the only U.S. fertility center focusing on the mild stimulation technique, Mini-IVF™

Less is More.
www.newhopefertility.com

4 Columbus Circle 4th Floor NY, NY 10019 | 7 Days a Week
784 Park Avenue NY, NY 10021 | 212.517.7676

New Hope Fertility Center

HOLIDAY LAPTOP SALE 212-216-9711 www.ComputerOverhauls.com 370 7th Ave, 7th Floor

$125 Dell C Series — With This Coupon
$139 Dell D410 — With This Coupon
$149 Dell D600 — With This Coupon
$229 Dell D620 — With This Coupon
$499 Apple Macbook — With This Coupon
$799 Apple Macbook Pro — With This Coupon
FREE BAG — With the purchase of any laptop (Can not be combined)
FREE WebCam — With the purchase of any laptop (Can not be combined)

Take advantage of these NYC Zen spots

The holiday season is supposed to be full of good cheer — but it can often make us anxious. Packed sidewalks, gift lists and even holiday parties can all contribute to an inner frenzy. To calm this frantic state of mind, take advantage of New York's best relaxing spots.

Begin by kicking the caffeine. Rather than rush to your local coffee spot, take some downtime with a steaming cup of fragrant decaf tea. Grab a good book and get cozy at **T Salon** (230 Fifth Ave.). Let the experience of this beautiful space calm your spirit while the tea warms you up.

Once you're comfy, stretch past your stress by checking out two of the best yoga studios in town. Get down and funky with Tara Stiles at **Strala Yoga** (632 Broadway, sixth floor). Or bust through your anxiety with the fierce and fiery Elena Brower at **Virayoga** (580 Broadway, suite 205).

Finally, if you want to get your Zen on but can't put off that holiday shopping, check out the Deepak Homebase at **ABC Carpet & Home** (888 Broadway). This gorgeously-decorated Zen spot is a great place to find some calm in the midst of chaos. Peruse the book shelf for enlightened ideas, or attend one of the live events hosted by the inimitable Deepak Chopra. Sink into the merry moments of this holiday season, take a deep breath, and get your Zen on!

*— **Gabrielle Bernstein** is the author of "Spirit Junkie."*

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

Zen in the city

GABRIELLE BERNSTEIN

WWW.GABBYB.TV

▶ If the tea shop's too far, bring the coziness to you.

GO0058007

Strike a pose

Extended side angle pose

▶ Reach!

What to do:

▶ Stand with the big toes touching, heels slightly apart. Exhale and step so your feet are four feet apart.

▶ Raise your arms parallel to the floor and reach them out to the sides, shoulder blades wide, palms down.

▶ Turn your left foot in slightly to the right and your right foot out to the right 90 degrees.

▶ Anchor the back heel to the floor. Exhale and bend your right knee over the right ankle so that the shin is perpendicular to the floor. As you bend the knee, aim the inner knee toward the pinky toe side of the foot. Bring the right thigh parallel to the floor.

▶ Firm your shoulder blades against the back ribs. Extend your left arm straight up toward the ceiling, then turn your left palm to face toward your head. With an inhalation, reach the arm over the back of your left ear, palm facing the floor. Stretch from your left heel through your left fingertips, lengthening the entire left side of your body.

▶ Ground your left heel to the floor as you exhale and lay the right side of your torso down onto the top of the right thigh.

▶ Press your right fingertips on the floor just outside of your right foot. Push the right knee against the inner arm and burrow your tailbone into the back of your pelvis.

▶ Hold for up to one minute, then repeat the sequence on the opposite side. METRO

— Pose courtesy of Stephanie Knutsson, Bodyism Yoga instructor

Professional Foot Care Specialist

20 Years of Experience

- State of the art non-surgical treatment for foot and heel pain
- Minimal invasive procedures for corrections of bunions and hammertoes
- Weekend and evening appointments available
- Most insurance plans honored
- Free consultation
- Non-injection therapy for heel pain
- 1 2 3 A B C 4 5 6 N R

FDA APPROVED
New Cutting Edge Laser for Toe Nail Fungus!
ONLY $500
Expires 12/31/11
Redeem with ad

Offices of Dr. Jeffrey Rosenblatt, DPM • Dr. Larry Cohen, DPM

225 Broadway, Suite 1420
New York, NY 10007
212-385-3800
(Financial District)

Grand Central-Midtown
15 West 44 St. , 8th FL
New York, NY 10036
212-391-1279

375 Jay St., 2nd FL
Brooklyn, NY 11201
718-875-9251
(Metrotech)

Long Island Location
543 Hempstead TRK
West Hempstead, NY 11552
516-292-0023

Convenient Lower Manhattan & Brooklyn Locations!

myeducation

Is college going to the dogs?

Allowing pets on campus is a hot debate among administrators What they have to consider

Over the last decade, the number of pet-friendly dorms has been on the rise, albeit at a caged snail's pace. In 2010, The New York Times put the number of campuses with pet-friendly housing at just 12, and most were small, private colleges.

But 2012 may prove to be the tipping point, as many administrators in university housing say this is the hottest topic in their field.

"In local meetings of [the Association of College and University] Housing Officers, we are often the institution that people are looking for answers from on this issue," says Ben Falter, the director of housing at Stetson University in Florida. Stetson currently has 60 pet-friendly individual units on campus. "People are really pressing to know how to do it and how it's working for us."

Stetson became pet-friendly in 2010, after incoming president Wendy B. Libby pressed the issue. Libby is the former president of Stephens College, ranked second-most pet-friendly school in the nation by Petside.com.

But many administrators still see pitfalls.

"We had a lot of discussion around things like, will dorms be inspected to ensure that animals are well cared for? Who will be responsible for that?" says Unity College's assistant professor of wildlife, Sarah Cunningham. Unity decided against pet-friendly dorms this year. "You have to have a plan to make sure you're taking care of these animals humanely if, as a college, you're going to be responsible for students having animals."

▶ A pup gets an afternoon walk at pet-friendly Stetson University.

A campuswide commitment

"We haven't just made a pet hall on campus, but we've made the entire campus pet-friendly. That means an institutional commitment, not just from people in housing," explains Falter. "It means we have to take the details into account — like making sure there is a dog park, there are places for pets to go to the bathroom, that we don't install carpets in pet-friendly facilities and that we're sensitive to student allergies."

BRUCE WALSH
bruce.walsh@metro.us

Become a Medical Assistant
at Mildred Elley, a career college
Graduate in as little as 12 months
• Medical Assistant Associate's Degree
• Clinical Medical Assistant Certificate
• Medical Office Assistant Certificate
We can help you earn your GED
Earn your high school equivalency from New York State at the same time you earn your Associate's Degree at Mildred Elley.*
* Medical Assistant Associate Degree Only
Financial Aid & Scholarships available for those who qualify
Classes Start Soon. Call Today!
(866) 688-3018
www.mildred-elley.edu
25 Broadway, Floor 16
New York, NY 10004
Accredited Member, ACICS
For program details and disclosures visit mildred-elley.edu/disclosures
MILDRED ELLEY
Career training for today's world.

The State University of New York
Manhattan Educational Opportunity Center

Calling all VETERANS!
GET THE SKILLS YOU NEED FOR A CAREER IN HEALTHCARE
come learn how you can benefit from our tuition-FREE programs
TUESDAY, DECEMBER 20 ■ 1:00PM ■ 8TH FL.
Certified Nursing Assistant • Medical Assistant Specialist
Electronic Health Records • Health Information Technology
• Convenient day and evening classes
• No need for spending those GI benefits!
• Job placement assistance
For more information, please contact 212.346.8451
163 West 125th Street, 15th Floor, New York, NY 10027
The Health Career Lattice program is funded by the US Department of Labor under the authority of the Workforce Investment Act.
MEOC is administered by Borough of Manhattan Community College/CUNY
BMCC MEOC

myjobs

Most overused buzzwords on LinkedIn profiles in 2011

Do you describe yourself as creative and motivated? A new list from LinkedIn suggests another term for you, too: Unimaginative.

The top 10

1. Creative
2. Organizational
3. Effective
4. Extensive experience
5. Track record
6. Motivated
7. Innovative
8. Problem solving
9. Communication skills
10. Dynamic

LinkedIn has analyzed its 135 million accounts to reveal the top 10 overused buzzwords on professional profiles.

"Maybe during the last year, some of our members scrubbed their profiles of buzzwords and more uniquely described themselves?" Simla Ceyhan, a data scientist at LinkedIn, wondered in a post on the site's blog. "Or maybe there has been a huge growth in the number of 'innovative, motivated, entrepreneurial team players who are results-oriented and thrive in fast-paced environments.'"

PHOTOS.COM

▶ Creative and effective with a proven track record? You and everyone else, creepy networking guy.

There are a few surprises. "Creative" and "effective" didn't even make the list last year, while "extensive experience" dropped from first place. Terms such as "results-oriented" and "team player" dropped off.

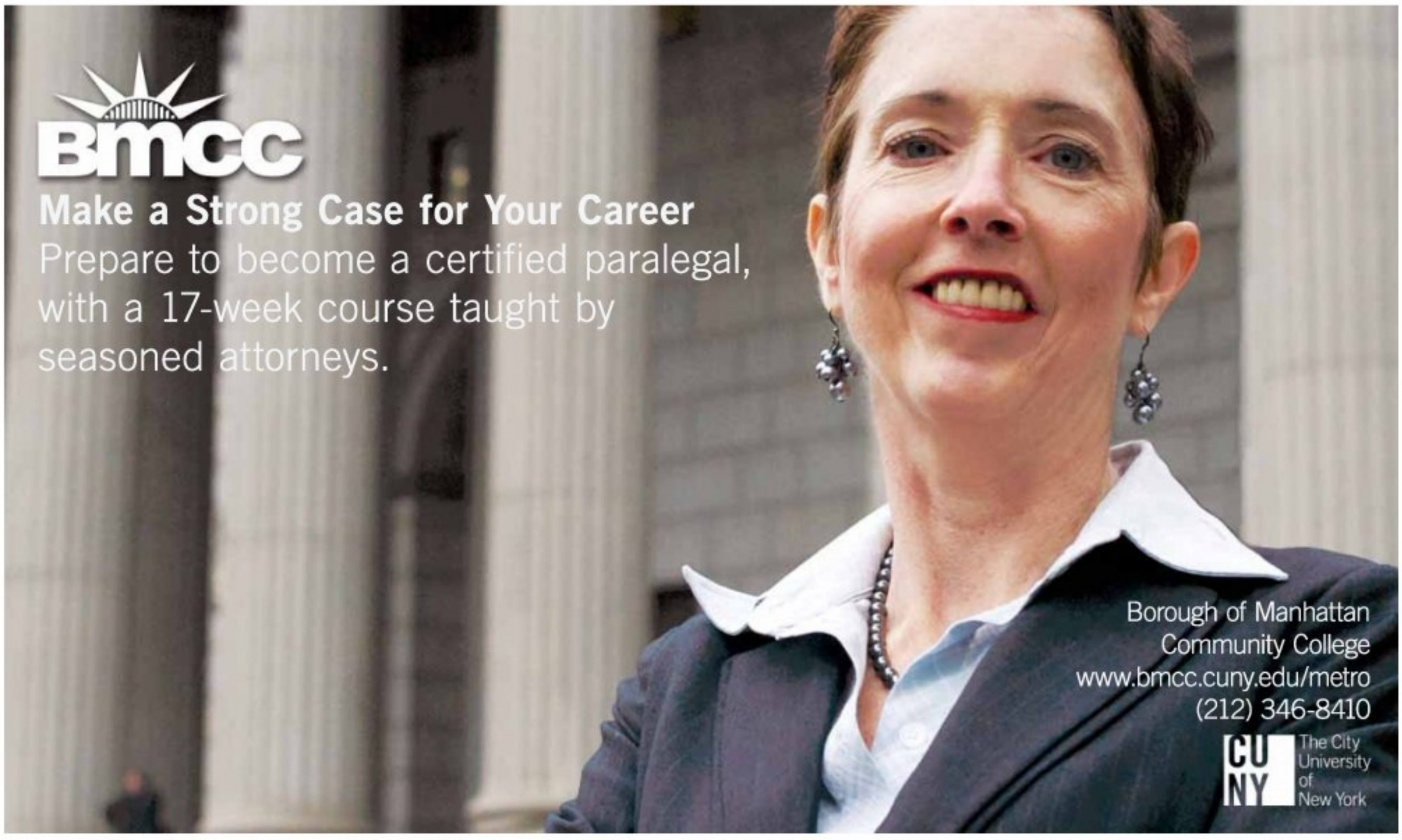
A LinkedIn rep also notes there have been some "minor tweaks" to LinkedIn's methodology for the list.

TODD WASSERMAN FOR Mashable
The Social Media Guide

FORDHAM UNIVERSITY
THE JESUIT UNIVERSITY OF NEW YORK

ENGLISH AS A SECOND LANGUAGE
AT THE
LINCOLN CENTER CAMPUS
SPRING 2012 SEMESTER
January 17th — May 4th
Free Proficiency Testing and Advisement

INSTITUTE OF AMERICAN LANGUAGE AND CULTURE
33 WEST 60TH STREET | THIRD FLOOR
NEW YORK, NY 10023-7905
212-636-6353 | WWW.FORDHAM.EDU/ESL


BMCC
Make a Strong Case for Your Career
Prepare to become a certified paralegal, with a 17-week course taught by seasoned attorneys.
Borough of Manhattan Community College
www.bmcc.cuny.edu/metro
(212) 346-8410
CUNY The City University of New York

JOB PLACEMENT AVAILABLE

Home Health Aide Classes

Evenings, F/T, P/T & Weekends

Call 718-284-7757 or 718-282-8400

CHRISTENCHER INSTITUTE of VOCATIONAL TRAINING

MTA New York City Transit

• COMPREHENSIVE HEALTH PLAN • PENSION PLAN • PAID HOLIDAYS/VACATIONS
• PROMOTIONAL OPPORTUNITIES • FREE NYC TRANSIT TRANSPORTATION PASS

STRUCTURE MAINTAINER - GROUP C
IRONWORKER

EXAM NO. 2605 FILING DATE: 12/7/11 - 12/27/11 APPLICATION FEE: $68.00 (non-refundable)

SALARY: $29.37 per hour for a 40-hour work week, increasing to $31.8725 in the 4th year of service.
JOB DESCRIPTION: Perform ironwork on subway, surface and elevated structures, including stations, enclosures and related buildings. Perform other structural work as necessary, including incidental painting; perform shoring, welding, burning, rigging, high-strength bolting and rivet removal on steel columns, girders, stairways, gratings and station controls.

STRUCTURE MAINTAINER - GROUP E
PLUMBER

EXAM NO. 2604 FILING DATE: 12/7/11 - 12/27/11 APPLICATION FEE: $68.00 (non-refundable)

SALARY: $29.37 per hour for a 40-hour week, increasing to $31.8725 in the fourth year of service.
JOB DESCRIPTION: Install, maintain and repair plumbing fixtures in toilets, sink rooms and heating systems; clean, test, dismantle, install and repair pipes, fixtures, vents and hot water heaters.

REFER TO THE NOTICE OF EXAMINATION
FOR QUALIFICATION REQUIREMENTS INCLUDING A DRIVER'S LICENSE

TO APPLY:

• Online at http://exam.nyct.com
• In person, pick up the application package at MTA NYCT, 180 Livingston Street (Lobby), Brooklyn, NY 11201. Monday through Friday, 9 AM to 3 PM.

Call the Exam Information Hotline for more information: (718) 566-JOBS (5627)

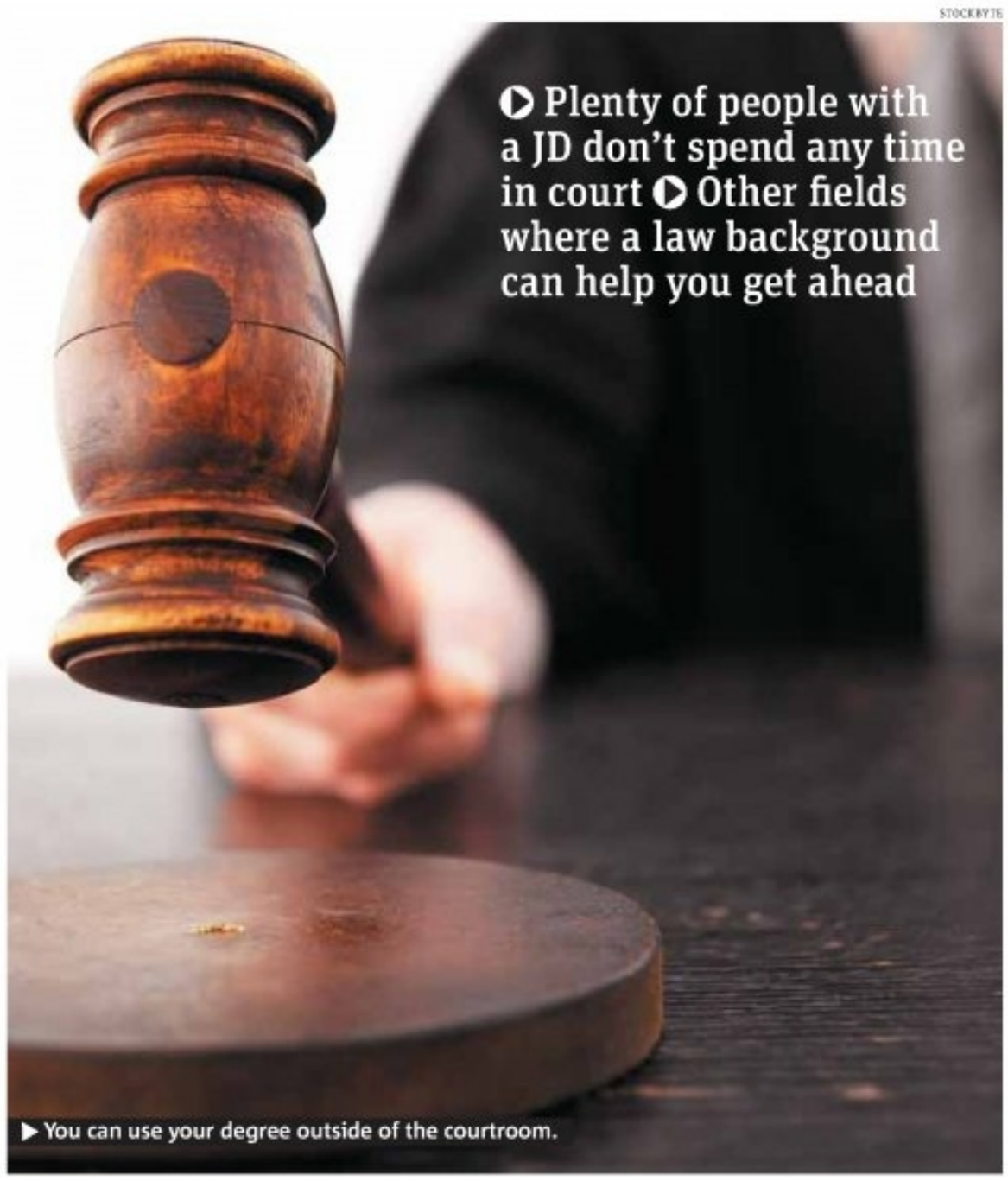
MTA New York City Transit
Follow us on: Twitter.com@NYCTSubwayScoop
Facebook: MTA New York City Transit
www.mta.info/nyct/ EOE M/F/D/V

NY BACKGAMMON presents the
5th NY Metropolitan Backgammon Tournament
Jan. 5th ~ 8th, 2012
Separate divisions for 3 different levels of play.
Beginner, Intermediate & Championship.
For more info please go to:
nybackgammon.com
ABT AMERICAN BACKGAMMON TOUR ★ 2012

Startup companies

"I've seen a new trend in law grads going straight into startups," says Dana Robinson, a partner at TechLaw LLP. "They aren't going in as just a legal team member, but as a real part of the management team."

Law degrees aren't just for aspiring lawyers


STOCKBYTE
Plenty of people with a JD don't spend any time in court Other fields where a law background can help you get ahead
You can use your degree outside of the courtroom.

A degree in law does not necessarily turn your career into a prime-time crime drama; many who have their Juris Doctorate, or JD, don't work in a courtroom or a precinct. Instead, they follow more alternative routes while using that law school knowledge.

Business owners

"A law degree tends to assist business owners in understanding corporate formation and governance, as well as identifying potential legal issues and pitfalls that may occur," explains Melanie Dubis, partner at Parker Poe Adams & Bernstein LLP. "Additionally, a law degree simply helps individuals think in a critical manner when solving business problems."

Nonprofit work

Robert L. Spinks is the director of Oklahoma City University's new Nonprofit Leadership program. "More and more people today — particularly young people — are coming out of school with a real passion for helping people," says Spinks. "And they want to do it an organized, accountable way."

Journalism

"It's the logic skills, analytical systems thinking, persuasive writing and strategic problem solving we developed and honed in law school that attracts people with JDs to journalism," says Stephanie Schroeder, a graduate of New York Law School and a writer at Curve magazine.

JULIA WEST
letters@metro.us

Letters

letters@metro.us

No one safe in Washington DC

RE: "THIRSTY, VOTERS? THIS PARTY'S JUST GETTING STARTED": The opposition should take note of the Tea Party's organization and effort. The upcoming congressional elections may be crucial and historic. Based on recent performance, no Republican or Democrat seat should be considered safe.
GLENN HAYES, KEW GARDENS

It would seem that the solution for a balanced economy would be to cut funding for education, senior citizens, after school activities, Medicare, Medicaid, heating for seniors — all in the name of "no new taxes." Is it any wonder we've become a third world nation complete with protests across the United States in total disgust at what is going on in Washington, D.C.? Fed-up voters will have a lot to say at the ballot box come the next election.
HERB STARK, MASSAPEQUA

Does this look like unity?

RE: "POWER TO THE PEOPLE?": Imagine a trillionaire with no personality or sense of justice, only an unthinking drive to increase his wealth. Now tell him he can spend as much as he wants to change the lawmakers who make the laws. It isn't hard to imagine his goal: elect those who want to decrease taxes, making it harder to regulate his behavior! Oh, and if any congressional representatives do a good job for him, there's a nice lobbying gig after their political careers are over. Welcome to our brave new world, post Citizens United. **LARRY PAL, VIA E-MAIL**

Citizens United vs. FEC did not give corporations new legal rights. What it did was overturn part of the campaign finance reform bill that prohibited non-media corporations from disseminating info that supports or opposes candidates. And Mr. Simms' high dudgeon is hypocritical: He works for a media corporation that was permitted to engage in political advocacy, yet he thinks that other corporations should not have the same rights! Does the editor of Metro believe in free speech for himself but not for others?
RON SHELTON, MANHATTAN

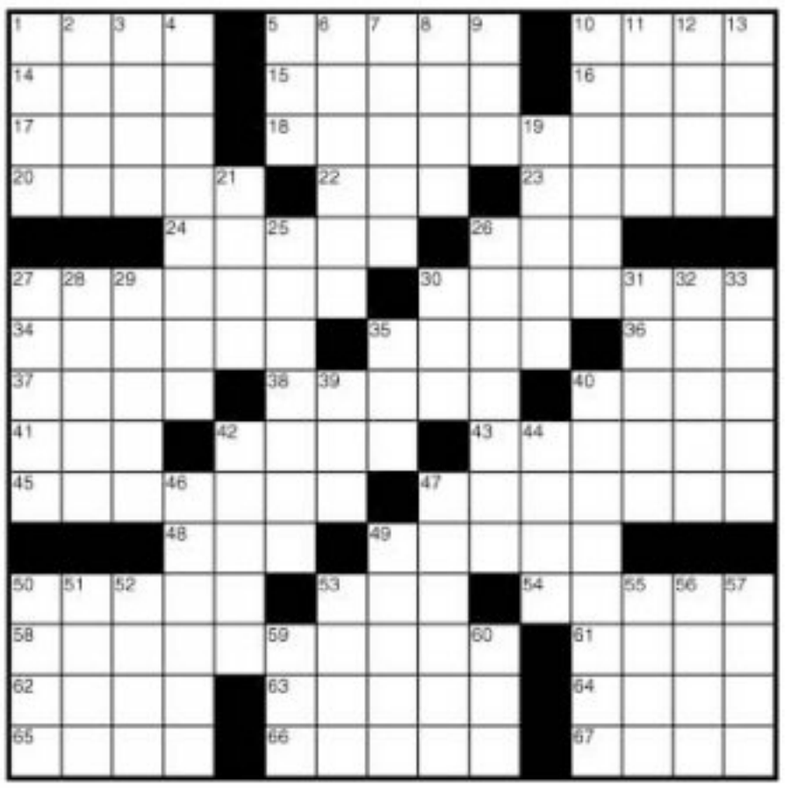
Giving corporations the same rights enjoyed by private persons will lead to fascism. Such protections for these soulless entities goes against all that our founders stood for. These days we live in a ruthless corpocracy that owns our body politic.
TAYLOR AHERN, VIA E-MAIL

E-mail your letters: **letters@metro.us**
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact information.

Horoscope

♐ Sagittarius **Nov. 23-Dec. 21.** If you don't appear to be overly anxious or eager a buyer, you should be able to negotiate a much better price for what you want. Don't hesitate to dicker like the dickens.
♑ Capricorn **Dec. 22-Jan. 19.** Because you're full of new ideas and especially good at conceptualizing what to do with them, there's little doubt you'll implement your plans in a sober, prudent and feasible manner.
♒ Aquarius **Jan. 20-Feb. 19.** Don't hesitate to remind someone of his or her obligations if it seems like this person is ignoring them. If you don't, your chances of receiving what is owed you will be slimmer.
♓ Pisces Feb. **20-March 20.** Something that you're hoping to obtain is in your grasp if you are able to regroup and try again when necessary. Don't give up on the first go-around.
♈ Aries **March 21-April 19.** To your credit, you have the stick-to-itiveness necessary to face and conquer the most challenging situations, mostly because of your persistence and ability to think on the fly.
♉ Taurus **April 20-May 20.** Follow the same game plan that led you to victory before, because there's no reason why it wouldn't work again.
♊ Gemini **May 21-June 20.** In endeavors where you are trying to develop a second source of income, operate along familiar lines where you know you have a chance for success.
♋ Cancer **June 21-July 22.** Of all the signs, you are the one who usually derives the greatest benefits from being protective of those who mean a lot to you. This is likely to be true for you once again.
♌ Leo **July 23-Aug. 22.** Adopt an industrious attitude, because your earning potential is especially strong at this time, and it should be taken advantage of. Operate along your usual lines and you'll have success.
♍ Virgo **Aug. 23-Sept. 22.** Opportunities exist for you to revitalize an old relationship that once meant a lot to you. Who knows how long it'll be before you'll get this chance again.
♎ Libra **Sept. 23-Oct. 23.** Use your imagination to visualize the manner in which an important situation could resolve itself. Chances are you should be able to successfully follow its blueprint to rock-solid success.
♏ Scorpio **Oct. 24-Nov. 22.** Treat an important situation with the seriousness it deserves, especially when you know reorganization is called for. Once you make the necessary changes, favorable results will occur.
BERNICE BEDE OSOL

WRITE A LETTER TO METRO: SHARE YOUR VIEWS ON THE WORLD OF NEWS AND ENTERTAINMENT
LETTERS@METRO.US



Across
1 Fast food order (2 wds.)
5 Jeweler's lens
10 __ vu
14 Matty or Felipe
15 Basilica parts
16 Valhalla honcho
17 Shade
18 Poker variation (2 wds.)
20 Viewpoint
22 Amtrak et al.
23 Small-minded
24 Relieve
26 "Futureworld" name
27 Copper alloys
30 Oil in paints
34 Shabby
35 Unassuming
36 __ Dawn Chong
37 Caesar's worst day
38 Be of benefit
40 Fight starter
41 Half of zwei
42 Tread
43 Airport fluid
45 Future bride
47 Press statement
48 MGM motto word
49 It repels moths
50 Annapolis frosh
53 Notre Dame sight
54 More upscale
58 Crane to see
61 Furry red Muppet
62 A woodwind
63 Baking potato
64 Court case
65 Patch
66 "Don Juan" poet
67 Chapeau's place

Down
1 Bye, in Bristol (hyph.)
2 __ Dutra of golf
3 Pagoda feature
4 Is tougher
5 Aberdeen kid
6 Works by Puccini
7 Excessive interest
8 Abs are below them
9 Vane dir.
10 Wooden rods
11 Revise
12 Forsake a lover
13 Mayberry sheriff
19 Nerve
21 Lohengrin's bride
25 Envoys
26 Gave in
27 Fleeting
28 Pie-chart lines
29 NASA rocket stage
30 Luau welcome
31 Noted soap vixen
32 Inches forward
33 Raison __
35 Atlas page
39 Two-finger sign
40 Most passionate
42 Fallen-rock debris
44 Gusto
46 Apprehended
47 Reverberate
49 Lucid
50 Spring formal
51 Grease job
52 Poet's black
53 __ 500
55 Hint
56 Throw off heat
57 Learning method
59 Corduroy ridge
60 "__ Tiki"

		2		1	5	3		
			3		8	5	2	
1					2			
		9				8	5	7
	8						3	
7	4	6				1		
			9					3
	2	8	5		4			
		7	2	8		9		

SUDOKU **LEVEL: EASY**

		2					3	
	3		1	2				7
4	7				6	1	5	
				6			2	
	5		9		1		4	
	6			5				
	4	3	5				9	6
5				3	8		1	
	2					3		

SUDOKU **LEVEL: HARD**

Solution to weekend's crossword

P	A	N	G		C	H	O	S	E		T	A	B	S
E	W	E	R		R	A	V	E	N		O	L	L	A
W	A	D	I		I	L	I	A	D		P	I	O	N
S	Y	S	T	E	M		D	R	O	P	K	I	C	K
			T	R	I	G		S	W	A	N			
C	A	N	Y	O	N	S			S	L	O	P	E	S
A	G	A		S	A	U	C	E		S	T	E	E	P
K	I	D			L	I	O	N	S			P	R	E
E	L	E	C	T		T	O	T	A	L		Y	I	N
S	E	R	I	A	L			E	L	A	P	S	E	D
		N	O	U	N		R	A	K	E				
E	X	C	E	S	S	E	S		R	E	G	A	I	N
D	R	A	M		H	A	N	O	I		G	Y	R	O
N	A	P	A		E	T	U	D	E		E	L	I	A
A	Y	E	S		R	O	B	E	D		D	A	S	H

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

SUDOKU SOLUTIONS:
WWW.METRO.US/PUZZLES

To advertise – phone: 646-792-8034 email sales: advertising@metro.us

METRO NEW YORK | Editor in Chief: Tony Metcalf **tony.metcalf@metro.us, @edinchiefmetro | Managing Editor:** Ron Varrial **ron.varrial@metro.us | City Editor:** Carly Baldwin **carly.baldwin@metro.us | Features Editor:** Amber Ray **amber.ray@metro.us, @amberatmetro | Sports Editor:** Mark Osborne **mark.osborne@metro.us | Deputy Features/Careers/Books/ Travel editor:** Dorothy Robinson **dorothy.robinson@metro.us | Home/Style editor:** Tina Chadha **tina.chadha@metro.us | Film/Tech editor:** Heidi Patalano **heidi.patalano@metro.us**
E-MAIL US: letters@metro.us

As the world's largest global newspaper, Metro has more than 17 million readers in over 100 major cities in 17 countries • **Metro New York** 44 Wall St., New York, NY 10005 • **main:** 212-952-1500 • **sales fax:** 212-952-1505 • **National and Executive Sales Director** Ed Abrams • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Priscilla Arguinzoni • **e-mail sales:** advertising@metro.us • **distribution** e-mail: distribution@metro.us •
Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damage whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice.

3

Giants' season slipping away

23
REDSKINS (5-9)

10
GIANTS (7-7)

● New York pulls disappearing act against Redskins ● Team falls to .500, one game behind Cowboys ● Now must win out to make playoffs

JEFF ZELEVANSKY/GETTY IMAGES

▶ Eli Manning threw three interceptions and was sacked three times, including this one by Darrion Scott.

If a casual observer watched Sunday's game, they would've thought the Redskins were playing for their playoff lives, while the Giants were merely playing out the string.

"I just expected to see more, and I expected to see quality execution and really, quite frankly, we didn't get much of that," said head coach Tom Coughlin. "We didn't look like the team Sunday night that played in terms of big-play opportunities. But for one reason or another we weren't able to come through."

Defensive end Jason Pierre-Paul, who was about the lone bright spot, was perplexed immediately following the game.

"We laid an egg. It wasn't there; I'm not going to lie," Pierre-Paul said about the lack of intensity. "But that's something we have to deal with now [because] you can't do nothing about it now. The game is over. All you can do now is go back to practice this week and work hard and hopefully win the next one."

TONY WILLIAMS
sports@metro.us

What went wrong ...

1 No fight — We didn't see much of a fight from Big Blue following the first quarter. New York started off with a bang, intercepting Rex Grossman passes on two of the Redskins' first three possessions, but ended with a fizzle. Washington went 8-of-15 on third-down conversions and only had to punt twice.

2 Not so elite — Eli Manning was actually outplayed by the streaky Grossman, as he went 23-of-40 for 257 yards and three picks. Manning was also sacked three times and harassed countless other times.

3 Back problems — Heading in, Washington's defensive leaders were highlighted. They did not disappoint. Linebackers London Fletcher (11 tackles and a forced fumble) and Brian Orakpo (sack) were stars, while rookie Ryan Kerrigan (sack) harassed Manning all day. METRO/TW

In the news

No Tebow Time against Pats

Apparently Tebow Time only works when your defense keeps the score close.

The Patriots blew out Tim Tebow and the Broncos, 41-23, to move to 11-3. They have won six games in a row.

Denver got off to a good start with a Tebow rushing TD and a Lance Ball one as well. But after going up 13-7 they were outscored 20-3 in the second quarter.

TOTAL NO SHOW

Jets give their worst performance of the season in a complete dud in Philadelphia ◐ Turn the ball over four times ◐ Lucky to get playoff help

EAGLES 45 | JETS 19 **Up next: Giants (7-7)** **Jan. 1: at Dolphins**

▶ Mike Vick ran the ball in from 11 yards out at the start of the second quarter to put the Eagles up 21-0.

HUNTER MARTIN/GETTY IMAGES

What went right ...

1 **Fight Jets fight** — They were down 28-0 in the second quarter, but surprisingly the Jets didn't hang their heads. Instead, they rattled off 13 points to close out the half, including a Mark Sanchez 25-yard touchdown pass to Santonio Holmes, which was sandwiched between two Nick Folk field goals.

2 **Harris shows** — On an afternoon when Darrelle Revis played like an ordinary cornerback and the defense was plagued with penalties, the Jets were lifted by the performance of linebacker David Harris, who played like he actually cared.

3 **Helping hand** — Among teams directly behind them in the wild-card hunt, the Jets got some help. The Raiders, Broncos and Titans all lost. A good week for a dud.

What went wrong ...

1 **No Holmes sweet Holmes** — Early in the first, a pass to Santonio Holmes looked positive, until he left the ball exposed and it was stripped, with Juqua Parker there to pounce on it and rumble 47 yards for a 7-0 lead. The "Tone" was set.

2 **Back Holmes again** — The Jets still found themselves down 7-0 in the first quarter when they recovered a fumbled punt 15 yards from the end zone. Mark Sanchez threw a bullet at Holmes that went through his hands and into the clutches of Asante Samuel.

3 **Another gift** — Two yards was all the Jets needed to keep a second-quarter drive alive, but as Sanchez extended to get the first down, he fumbled the ball. KRISTIAN DYER

ACCIDENT ?
• Car Accidents • Medical Malpractice • Slip & Fall Accidents •
• Construction Accidents • Workers' Comp • Lead Paint Poisoning •
• ALL OTHER ACCIDENTS •
★★ DOCTORS ON CALL TO REVIEW YOUR CASE ★★
• FREE CONSULTATION •
NO FEE UNLESS WE WIN YOUR CASE
(212)889-2808
RORY M. SHECTMAN, ESQ. • 445 Park Avenue, 9TH Fl, New York, NY 10022

REMEMBERING THE 50's HOLIDAY SHOW
Dec. 21st at 6:30pm
Fundraising event for the NY Society for Ethical Culture's Women's Domestic Violence Shelter. Featuring music from A Salute to The Platters, The Drifter's Drifting Memories, The Corvettes
For ticketing info go
Rememberingthefiftiesholidayshow.eventbrite.com

Holiday Specials
Don't Miss Out!! Starts Now... Expires 12/31/11
Buy 2 For You or One For You and Give One to a Friend
Buy Any Laser Package and Get One FREE at equal or lesser value*
*Fractional Reduces Acne Scars/Stretchmarks
*Laser Hair Removal - Any Area
*Cellulite Reduction
*Zerona Body Contouring Inch Loss System Painless Results in 2 Weeks
*Thermage One Time Treatment that Reduces Fine Lines, Tightens Skin, Reduces Eyebags, Eye Lift
SPA SERVICES
Spa Manicure & Spa Pedicure – 2 for $35
One Hour Massage – 2 for $65
One Hour Facial – 2 for $55
Microdermabrasion – 2 for $75
Slimming Body Wrap – 2 for $55
Buy Any Wax Service Free and Get One FREE*
*Back Wax: 2 for $25
*Brazilian Wax: 2 for $35
*Buttocks: 2 for $25
*Chest & Stomach: 2 for $35
*Full Leg: 2 for $25
*Full Body Wax: 2 for $99
spa Jolié
Formally Known As
Randee Elaine Spa
New Management
New Equipment
Larger Rooms
180 7th Ave South, New York, NY 10014
212-229-0399
* All specials applied with ad. Must be at standard price. Cannot be used on same day of purchase. Prepaid treatments are accepted. Offer Expires December 31, 2011

DENTAL CENTER
IN THE
CHRYSLER BUILDING
42ND AND LEXINGTON
HOLIDAY INVISALIGN SPECIAL
$3599 for a full treatment
$2499 for an express treatment
Please call for a consultation appointment.
• Lumineers & Porcelain Veneers
• Implants • Invisalign
EMERGENCIES WELCOME
www.kakosiandental.com
888-711-0267
MetLife, Cigna, Aetna, Delta, Guardian, etc.
Coverage at 100% for U.N. Cigna PPO Members
0% Financing Available for a limited time

Hypnosis for Weight-Loss
Neuroplasticity
Dr. Gluck is an internationally respected Medical Hypnotist and Life Coach with over 32 years of experience.
LOSE UP TO 15 POUNDS EACH MONTH
Weight-loss you keep off. Tailored exercise and nutritional program also provided.
Office: 420 Lexington Ave, Suite 1712
Tel: 212-599-3195 Hours: 7:30 a.m. - 11:30 p.m.
www.glucksolutions.org
Contact our office for more information:
glucksolutions@hotmail.com

PG Davis signs with Knicks, adds depth

Hurting at point guard, New York continues to add veteran experience
Signs $2.5 million, mid-level exception Competes with Bibby, Douglas

GETTY IMAGES

▶ The Knicks will be Davis's fifth career team.

The Knicks are adding another veteran to their questionable point guard position.

Baron Davis, most recently of the Cavaliers, will bring his talents to Madison Square Garden this season according to multiple reports.

The veteran, entering his 13th season, will sign for one-year, $2.5 million, the mid-level exception for teams over the salary cap.

When the Knicks signed Tyson Chandler they cut Chauncey Billups as their amnesty clause player, opening up a spot at point guard. Toney Douglas started at point in the preseason opener, while recently signed veteran Mike Bibby played off the bench.

Now Davis is thrown into the mix.

Davis is known as a shoot-first point guard. He's averaged 16.5 points and 7.3 assists per game for his career. He's averaged over 19 points per game five seasons in his career, but none since 2007-08. METRO

Season Opener

Knicks vs. Celtics
Christmas Day, noon, TNT

NFL Sunday in pictures

PHOTOS
1. JAMES SQUIRE/GETTY IMAGES
2. JOHN GRIESHOP/GETTY IMAGES
3. WHITNEY CURTIS/GETTY IMAGES

1 **Chiefs 19, Packers 14**
The quest for an undefeated season is over. Ryan Succop kicked four field goals as the Chiefs won in Romeo Crennel's debut.

2 **Colts 27, Titans 13**
Donald Brown had 16 carries for 161 yards and sealed the Colts' first victory of the season on an 80-yard TD run in the fourth.

3 **Bengals 20, Rams 13**
Cincy kept their playoff hopes alive thanks to rookie A.J. Green's 116 yards receiving and a late Bernard Scott touchdown.
METRO

$ INJURED? HURT? $ NEED MONEY NOW?
Broadway Funding Group can help!
We have an easy 2-Step process.
Step #1 - Call 1-877-70-GET-CASH (1-877-704-3822) to apply.
Step #2 - Come get your cash...$500 to $50,000 right away.
You don't have to wait for your personal injury case to settle.
Let Broadway Funding Group help you today!
Call 1-877-70-GET-CASH (1-877-704-3822) NOW!

DIRECTORY
Legal Services
To place an ad call Jennifer Clark at 646-792-8042 or email jennifer.clark@metro.us

Thoughts of Bankruptcy?
Struggling with debt? Not getting ahead?
Filing bankruptcy can be your way out of debt
Bankruptcy done right at the right price
Jay Simon, Attorney
718.222.4619
32 Court Street, Suite 805, Bklyn
Change begins with one call

$389 PLUS COURT FEES THERE IS A SPECIAL FOR UNCONTESTED DIVORCE WITH NO PROPERTY, NO CHILDREN AND ON CONSENT.
Contested Matrimonial, Family Law, Personal Injury, DUI, Immigration & Landlord/Tenant Matters.
TWO CONVENIENT LOCATIONS: DOWNTOWN MANHATTAN & QUEENS
ROSA M. CELESTE, ESQ. FREE CONSULTATION 718-355-9050

DIRECTORY
Health & Beauty
To place an ad call Jennie Klein at 646-792-8039 or email jennie.klein@metro.us

RAINBOW SPA
$10 OFF with this AD
West 45th St
(Btwn 5th &6th Ave)
212.938.1338

Snowbird Spa
4 HAND MASSAGE
COUPLES ROOM
HOT PAD
212.588.0104
139 EAST 57TH ST

KOBE SPA
10AM-1AM
MASSAGE
BODYSCRUB
SAUNA
212.586.0555
23 W56TH ST 2FL NYC

GRAND OPENING
24/7
Blue Moon SPA
347.781.8409
7TH AVE NEAR 31ST STREET

TAKE A SHORT TRIP TO ASIA
ALOHA SPA
FUN ASIAN STAFF
massage bodyscrub table shower
212.206.6777
W14TH ST BET 7TH & 8TH

OUR GUIDE WILL RUB YOU THE RIGHT WAY.
MASSAGEPLACES.COM
TO ADVERTISE ON WEBSITE 877.218.4666

GRAND OPENING
$10 OFF
WHITE MOUNTAIN SPA
ASIAN BODYWORK
212.683.2880
435 5TH AVE BET 38TH/39TH

GRAND OPENING
SPA VALLEY
CC ACCEPTED
24 HRS
212.643.9069
212.779.1235
W27TH ST & BROADWAY

Medical Research

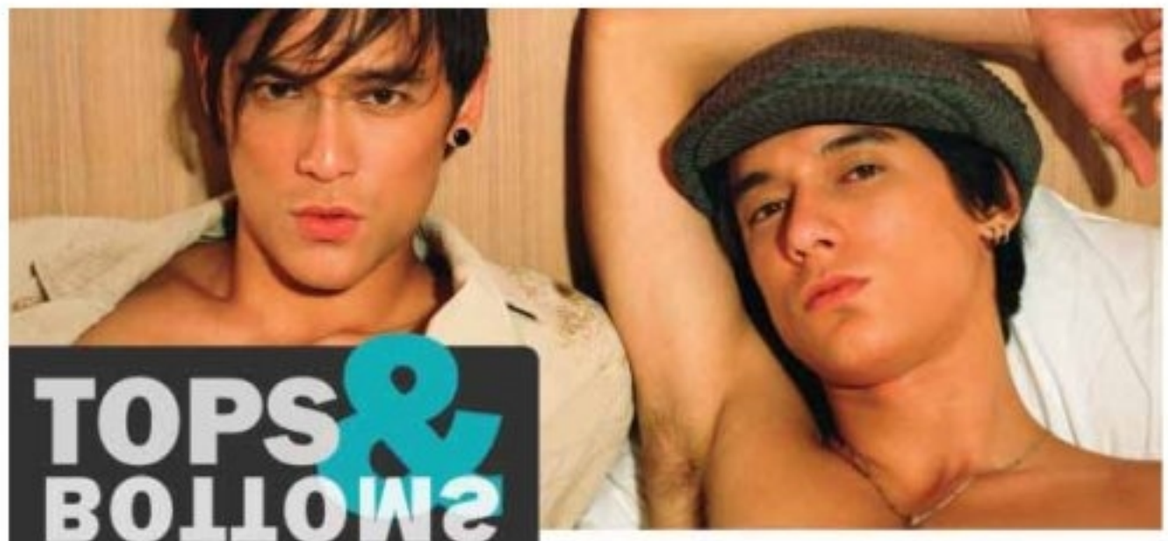
metro health
To advertise, call Brett Lurman at 646-792-8008

NYU Langone Medical Center

DO YOU HAVE LUPUS?

Medical researchers are now looking for volunteers to take part in a clinical trial for people with skin lupus. This study will test the safety and efficacy of a new investigational medication for individuals with discoid lupus erythematosus (DLE) and subacute cutaneous lupus erythematosus (SCLE). Participants will be compensated.

For more information contact:
212.263.6881 • Edward.McCarthy@nyumc.org



TOPS & BOTTOMS WANTED
for HIV vaccine study

Volunteer. We need men who ♥ men, and transwomen who ♥ men, 18-50 years old for an HIV vaccine study.

nycvaccine.org

Project achieve
HIV Prevention & Treatment Research
Columbia University Medical Center

Project Achieve
(Union Square)
212-388-0008

Columbia University
Medical Center
212-305-2201

WWW.METRO.US

Hookah
(Shisha) Smokers
NEEDED FOR RESEARCH STUDY
Compensation (if eligible):
$50 for completing screening visit
$200 for completing bronchoscopy
Please call the Department of Genetic Medicine at Weill Cornell Medical College
For more information: 646-962-2672

RESEARCH STUDY
Have you been exposed to second-hand smoke?
If you are at least 40 years old and have never been a smoker, you may qualify for a research study being conducted at
The Mount Sinai Medical Center
This research program studies the effects of second-hand smoke exposure on people who have never smoked. It offers early detection of lung cancer, cardiac disease, and other diseases by low-dose computed tomography (CT), a type of imaging test.
If you qualify for the study, the screening CT scan and all study-related procedures are **AT NO COST TO YOU.**
You will be compensated $25 for your time and effort.
For more information regarding this study, please call a study coordinator at **212-241-2420**
GCO #09-2017 MSSM IRB Approved 12/31/11
Principal Investigator: Dr. Claudia Henschke

Columbia University Medical Center
The City University of New York 138th & Broadway
RESEARCH STUDY
HAVE YOU SUFFERED FROM A TRAUMA?
Do you have flashbacks or bad dreams?
Do you avoid thinking about the trauma?
Do you have difficulty sleeping?
FREE & CONFIDENTIAL RESEARCH TREATMENT STUDY.
INDIVIDUAL THERAPY SESSIONS. SUPPORTIVE ENVIRONMENT.
Call for a FREE evaluation:
212-650-5177

HAIR LOSS?
Do you have scalp hair loss?
Are you a man between 18 and 49 or a woman between 18 and 59 with mild to moderate hair loss?
If yes, you may qualify for an investigational study for scalp hair loss.
If you are interested in finding out more information about the study please contact:
NYU Langone Medical Center
Edward McCarthy, CRC
212.263.6881
dermpharm@med.nyu.edu

A RESEARCH STUDY OPPORTUNITY *JUST* FOR WOMEN
Is low sexual *desire* or lack of *arousal* affecting your relationship?
Local doctors need women with low sexual desire for a research study.
Women who qualify may receive:
Investigational study drug
Compensation up to $1,275
No health insurance or referrals required.
CALL NOW: 877-897-4451
OR VISIT: www.WomensHealthTrial.com

metro health
YOU CAN GET PAID to HELP FIND A CURE!
Find more medical research studies at **health.metro.us.**
Enroll in a study today and help the medical community find cures.
TO PLACE AN AD CONTACT BRETT LURMAN
at 646-792-8008 or BRETT.LURMAN@METRO.US

DOWNLOAD 1,000s OF FREE E-BOOKS

Visit Today!
EDUCATIONOPTION.COM
Your World of Education.

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or refuse any ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

Real Estate/Sale

EQUAL HOUSING OPPORTUNITY

PUBLISHERS NOTE
All real estate advertising herein is subject to the Federal Fair Housing Act of 1968 and state and local fair housing laws. The Fair Housing Act makes its illegal to advertise any preference, limitations or discrimination on the basis of race, color, religion, sex, handicap, familial status, or national origin or an intention to make any such preference, limitation or discrimination. State or local laws may make unlawful advertising that discriminates on the basis of age, marital status, or sexual orientation. Metro US will not knowingly accept any advertising for real estate which violates the law. The law requires that all dwellings advertised are available on an equal opportunity basis. If you have any questions regarding housing discrimination, call the Long Island Housing Services at 1(800) 660-6920 in Long Island or the Anti-Discrimination Center at (212) 346-7600 in New York City. To file a complaint call HUD toll-free at (800) 669-9777 or the New York City Commission on Human Rights at (212) 306-7500

Homes

E. NY/Bushwick New 2 fam det, 3/3, drwy, $399K. Owner 347-465-6400

OCEAN HILL Area 488 Marion St. 3 Family, Attached, brick. Total Renovation, 3/3/3. Finished Bsmt. Vacant. Call Owner: 718-663-9303

111 Ave St Albans Det 2 Family 6/6, 3 BR on each flr, living & dining, 3 baths, finish basement, Only $209K Call Agt Ray 347-901-1089

JAMAICA 2 FAMILY DET 6/6 3br on ea flr, LR/DR, 3 kits, 3 fba, full fin bsmt, prv drv, $209,900, $1750 D/P OC. Call Pete 718-740-3400

Jamaica Best Deal 2 fam det 3/3BR, 3 full bths, fin bsmt, pvt drwlgar $1800 monthly mortgage. Agt Claude 718-514-0094

♦ LAURELTON ♦ 1 Fam, Close to All, 3 Bdrm, 2.5 bths, Det, Big Blvd, Pvt Drwy, Low Down, Owner pays closing costs. Owner 516-972-0866.

Springfield Gardens Great Deal!! 1 fam det, 4brs, 2 fbths, fin bsmt, pvt drwlgar, Only $379K, $2000 DP/OC. Call Agent Negus 917-566-9805

ST ALBANS: Fully renov, 2 Fam brick detached, 3/2Br fin bsmt, laundry rm pvt drwy, gara, Low Dn paymnt Must See Owner 718-297-0505

metroclassifieds
to place an ad call
866-900-9473
or visit us at
www.metro.us

Real Estate/Rent

Apartments

BEDFORD PARK: Mosholu Pk near Park, Gardens, Zoo, Trans. Studio $805, 1Br $925, 2Br $1275 Well Maintd Bldg 1st mo rent free Agt 718-657-1085

Essex County, New Jersey
1 MONTH FREE RENT!
Gym - Elevator - Laundry
Gated Community - Parking
APARTMENTS FROM $610!
25 Mins to Manhattan
973-859-9143 ★ NO FEE.
www.MapleGardens.com

Fordham Hill & Yankee Stadium
Elevator Buildings - Live-in Super
On-site Laundry - Indoor Parking
Studios from $850
1 Bedrooms from $1,100
2 Bedrooms from $1,399
1981 Sedgwick Avenue 646-291-6529
RentTheBronx.com NO FEE.

★ FORDHAM ★ SEDGEWICK AVE Well maintained rent stabilized bldg. 1BR $955-$1090. 1st mo rent free. No Appt. necessary. Agent 718-657-1085

HUNTS POINT off Garrison Ave Well maintained rent stabilized bldg 1st mo rent free 1br $895/mo 2br 1068/mo 3br 1221/mo Agt 718-657-1085

PARKCHESTER ★ 1 Bdrm Apt. Nr 6 Train & Shops, $950/mo. Credit/Refs Ck. Call Owner Mon-Sat Between 9am-6pm, 914-261-6450

WEBB AVE. Near Lehman College Well maintained rent stabilized bldg on quiet block. 1Br $925/mo 1st mo rent free. Call Agent 718-657-1085

BED STUY 2 Bdrm Apt. Full Bath, DR, EIK, $1450/mo, 1 mo rent – 1 mo sec, Nr Shops & Transp. Call Owner 631-338-5791

Crown Heights- By owner. Beautiful & newly renov. 3 BR (possible 4) apt, FDR, LR, kitchen, outdoor patio available. Call Richard 516-488-1720

CROWN HEIGHTS: Lefferts Ave, Washington. Beautiful, well maint. Rent stabilized bldg, hdwd flr. Near shop/tran. Studio $1095, 1BR $1350. 1st mo. rent free. Agt 718-657-1085

Crown Hts ★ Utica-Sterling Reno 2 Br hdwd flrs $1195 ht/htr water incl. Rent Stable 2nd fl. Near ★ 4 Train NO Fee owner Jonathan 718-972-1800 ext 229

EAST FLATBUSH Ave H & 34th St 1 blk off Flatbush Near shops, trans. Studio $950, 1BR $1050/mo Well maintained rent stabilized bldg 1st mo Rent Free. Call Agent 718-657-1085

East New York- Pennsylvania Ave. Btwn. Interboro Pkwy/Jamaica Ave. Well maintained, rent stabilized, bldg. Nr shops & trans 2BR $1095/mo. 1st mo rent free. Util NOT incld. Call Agent. 718-657-1085

FLATBUSH: E. 26th ST. 1 Block off Flatbush Ave. Studio $795-$875 well maintained rent stabilized bldg. 1st mo rent free. Call Agent 718-657-1085

FLATBUSH: Lef/Foster/Church St. Renov apts where kit & hdwd flrs, close to shopping & transportation. Rent Stabilized well Maintained Bldg. Studio's $925/mo, 1BR $975/mo. Agent 718-657-1085

CORONA: 114th. & ROOSEVELT Lg. Well maintained rent stabilized building w/laundry facility. Studio $850. Call Agent 718-457-1085

CORONA, JAMAICA, **NO FEE** 89-30 164th St/89-46 164 St Studios Excel cond. Heat & Hot Water incl. Nr shops, E or 7 train. Cnf Chk. Call Agent 718-520-2400. Supr 917-499-4305 or 347-236-9984.

FAR ROCKAWAY - $1600/mo. Fully renov, 3BR, 1 full bath, large bckyrd. Immed occup. Programs accepted. Call Owner: 646-246-3518

★ WOODSIDE ★ Modern Studio Garden Apt. Semi-Furn'd, Util Incl. $1000/mo Call Owner 718-429-2914

BAYONNE Mins to Manh. 4 BR Apt, LR, DR, Kit in 3 family, 2nd flr, $1,300/mo – 1 mo sec, Pay OWN Util. Owner 516-943-0006

Apartments

Far Rockaway Atlantic Beach
1 Month Free Rent! 3 Months FREE Gym!
WAVECREST GARDENS
20-10 Seagirt Blvd
Luxury Oceanfront Rentals
Apts from $660 - NO FEE!
Elevator - Garage - Storage
Granite & SS Kitchens
Call 646-810-4993
www.RENTWAVECREST.com

FAR ROCKAWAY- BAYSWATER Grdn style apts quiet residential area Nr shops, trans, beach. Rent stabilized Spacious, newly renov kit 1Br $975 1st mo rent free. Agt 718-657-1085

Richmond Hill Renov 1 br apt, new apt, all new kit, bth, appls, Nr J train & 56 bus, $1250/mo, incl heat & water. Credit check. Owner 516-242-4483

★ ROCKAWAY PARK ★ Small, efficiency studio available. Util. & cable incl. $825/mo. Section 8/VASH, HASA accepted. Near A train & Q53 bus. Owner 917-453-9824, 718-474-[illegible]

ST. ALBANS
1BR bsmt apt, fireplace, $1000/mo. all utils included. Near transportation. Call Owner: 347-992-3092

Sunnyside Quiet area renov charming 1Br apt, EIK, hdwd flr, 10 min to Manh, Refrcdt dlw req $1399/mo 1mo rent – sec Owner 646-554-1068

Newark-Society Hill @ University Hts 30 mins to Manh ★ Renov 1 Bdrm, Tennis Courts, Pool, Prks, 24 Hr Sec, nr NJIT, Rutgers, Seton Hall, PATH, Buses & Lite Rail, $1050/mo – Sec. Cred/Refs Ck. Owner 917-693-2223

Bronx Apartment Building Rentals Available
NO Fee!! No Fee!!
IMMEDIATE OCCUPANCY
ONE MONTH FREE
On all 1,2,3 Bedrooms
AREAS:
UNIVERSITY HEIGHTS
MOTT HAVEN, EAST TREMONT
SOUNDVIEW, WAKEFIELD
MUST MEET
INCOME REQUIREMENT.
FOR VIEWING PLEASE CONTACT
347-413-2911
24 hrs Security Surveillance.
Onsite Superintendent

Miscellaneous

BURNSIDE VICINITY Clean, secure, large room. Near all trans. $130/wk. 1 wk rent – 2 wks sec. Ref req'd. Call Owner Barrington 718-731-5346 or 917-329-7081.

CASTLE HILL AREA
Newly Furnished Rooms, $125/wk. 3 Wks Security. Owner 646-373-0061

CANARSIE FURNISHED ROOM FOR RENT. SHARE KITCHEN AND BATH. 1 WK RENT, 1 WK SECURITY. OWNER 718-531-1898

ROCKAWAY BEACH-Queens Large furn room. Furniture in great cond. Nr all. Walk to beach. Share kit & bath. $650/mo. By Owner 718-614-8820

Rooms

Affordable Furnished Rooms in Manhattan

Utilities Included
Some Day Move In
Cable, TV, Internet
No Credit Check
$125 per week
Call 212-862-0457

RESERVE YOUR SPACE
DEADLINE: two (2) business days prior to publication at noon.
metroclassifieds
866. 900. 9473

Rooms

MANHATTAN & BRONX

FURNISHED ROOMS FOR RENT. CABLE/INTERNET READY. MOVE IN TODAY. JUST $125/WK. ALL UTILITIES INC. CALL US TODAY: (212)368-2685

100's Available, All Boroughs

Private Entry Bath Cooking
1 Person/2 Person $125wk/up
room rentals 212-697-3962

Services

Careers

HIGH SCHOOL DIPLOMA FROM HOME
6-8 weeks accredited
Get a Diploma! Get a Job!
Call 24/7 for free brochure
1-800-264-8330
www.diplomafromhome.com
Benjamin Franklin High School

Psychic

MR. ALHAGIE MUTARR
African Spiritual Healer can help you with problems like bring back love ones and marriage, business, court case, jobs, black magic and bad luck protection. Call me at 646.427.8763 or 718.992.2217

SHEIKH SALEEM
917.254.6647
MYSTICAL AFRICAN MEDIUM & SPIRITUALIST SOLVES ALL YOUR ISSUES, LOVE SPECIALIST, REUNITE LOVERS, BUSINESS, JOB, COURT, LUCK, BLACK MAGIC, PROTECTION, IMPOTENCY, IMMIGRATION, ETC. ENGLISH AND FRENCH SPEAKING. QUICK RESULTS

Juli Divine
Spiritual Healer
Have you lost a loved one & want them back? Is your life going around in circles or do you want a spiritual coach? Let me help you
100% guranteed
718.473.4791

Vehicles

Cars

LINCOLN TOWN CAR SIGNATURE 2005, dark brwn, good for TLC, $4900. New engine & transmission. Call Owner 917-825-6380 or 718-738-3931

Audi 1999 A6 Quattro Sun roof, heated leather, AWD, All Power, Mint Cond, $2900. Custom sub-woofer owner 516-603-9871

Jobs

Art / Media / Writers

Dancers Wanted ★F/T/P/T★ All Ages/Sizes. Salsa, Merengue, Hip Hop or Club etc. Highest Comm. NO FEE REQ'D. IMMEDIATE HIRE! Call 646-996-4679

Customer Service

LOBBY STAFF NEEDED
START IMMED. FT/PT
ALL SHIFTS
NO EXP REQUIRED
UP TO $17 P/H
BENEFITS
INTERVIEWING ASAP
CALL: 212.867.9022

Miscellaneous

Airline Now Hiring. Major Airline at JFK, LaGuardia, & Newark Airports Now Hiring. NO EXPERIENCE NECESSARY. $11.10 to $22/hr – benefits. Call 213-629-1077. FEE

Careers

IQ TESTED
THE NEW YORK CITY TEST CENTER
offers for a limited time, free intelligence and personality tests.
Your IQ, personality and aptitude determine your future.
Know them. No obligations.
227 West 46th Street · New York City, NY
Phone: (212) 921-1210
Open 7 days a week from 9:00 am - 10:00 pm
©2007 CSNY. All Rights Reserved. SCIENTOLOGY and SCIENTOMETRIC are trademarks and service marks owned by Religious Technology Center and are used with its permission

HR / Recruiting

Healthcare

CNA'S
FT, PT, WKNDS & PER DIEM SHIFTS
Brooklyn, Bronx, Queens, L.I.
Call TOWNE NURSING STAFF
718-998-4990 www.townenursing.com

HHA EOE
Make a Difference!
Nurses Aides, Home Health Aides & Child Care Workers needed to work NOW in FAR ROCKAWAY in MANY great new programs. Positions are also available in all five boroughs, including child welfare and group home locations for developmentally disabled adults. Must be caring and interested in making a difference in the lives of individuals. Great pay & benefits. HS degree or equivalent req, certificate or some college req.
Tem/Positions Health Care
(212) 916-0840

HHA STAFFING & TRAINING FT/PT, no exp needed. Hospitals, nursing homes & live-ins. Up to $13.75/hr. Call 718-808-2267

STAFFING COORDINATOR
With experience needed in Brooklyn & Queens. HR exper & car a must. Competitive salary & benefits. Email resume to: jobs@staffinginc.com or fax to 718-304-[illegible]

The Center for Family Support, Inc. is hosting an OPEN HOUSE at its Brooklyn loc: 119 Fountain Ave, Brooklyn, NY 11208; 11am to 3pm Tuesday December 20th, 2011 Seeking DSPs for our residential dept; Valid NYS Driver's license for 1 year and a High School Diploma/GED a MUST. Salary range: $9.35 to $9.95. Please note: All applicants will be fingerprinted and subject to a criminal background check.. For more information, please visit our website at www.cfsny.org.

Security / Law Enforcement

FRONT DESK GUARDS NEEDED

NO EXP REQ. PAYING
UP TO $13.25
CALL HR 347-246-9305

A BETTER CAREER IN SECURITY
No exp necessary. FT/PT poss. Fee Up to $18.50/hr. Must be avail ASAP. ★★ OPEN 24/7 AT 212-470-6006 ★★

Absolute Security Guards Wanted No exp necessary. FT/PT poss. Fee Must be avail ASAP. Up to $16.50/hr. ★★★ Call 212-470-6443 ★★★

Amerigard Staffing First 50 Applicants. Customer service, admin / management. Billingual a –. Up $500-$1200/wkly. Contact HR 347-513-6697

IMMED HIRE FOR LOBBY ATTENDANTS
No HS needed. Green card ok. Paying up-to $18.23/hr. Call 212-229-2471

IMMEDIATE SECURITY EMPLOYMENT
FT/PT pos avail. No exp nec. Up to $670/wkly. Contact HR 610-931-2856

LOBBY ATTENDANTS NEEDED
No HS needed. Green card ok. Paying up-to $18.23/hr. Call 212-229-2471

Transportation / Travel

TLC DRIVERS WANTED!
For busy limo company. 2+yrs exp. Great opportunity for the right candidate. Call: 212-501-7400

Healthcare

One-Stop Career Shop
ACCESS CAREERS QUEENS
Medical Assistant
Certified Nursing Assistant (C.N.A.)
EKG, Phlebotomy Technician
Bookkeeping
Customer Service
A+ Technician
100% free training if you qualify
Call 718-263-0750
www.accessqueens.com

Are You HHA?
Looking to upgrade?
Patient Care Technician
CNA (Nurse Aide)
EKG & Phlebotomy
Pharmacy Technician
Medical Billing & Coding, CPR
ACCESS CAREERS
25 Elm Pl, Suite 201
Brooklyn, NY 11201
718-643-9060
www.AccessCareers.Edu
We Accept All Vouchers
Job Placement Assistant
Classes Starting Soon
CALL NOW, (Open 7 Days)

HR / Recruiting

General Help Wanted

IMMEDIATE
ATTENDANTS/ FRONT DESK/CLERKS
No exp. Nec
Full and Part Time
UP TO $17 PER HOUR
All 5 Boros
MUST BE ABLE TO START IMMEDIATELY
Taking calls till 9pm
Open Saturdays for interviews
For Immediate interview contact
Mr. Columbo at
(212) 867-6380 or email
newyorkjobs22@gmail.com

ACCOUNTS PAYABLE: Edmer Bus/ Qns Distributer seeks detail oriented, self-starting indiv. w/2 yrs exp in A/P & other accounting related duties. Salary. Benefits. 401K. Email resume: employment@edmerclean.com

BARBERS NEEDED ★ Busy Shop. Some exp Req'd. Jackson Hts, Qns Loc. Call 718-429-6841/347-841-4795/718-429-7301

COUNTER TOP INSTALLER FT: For Granite/Marble Fabricator Co. Immediate Hire Experience A Must. info@hillmarble.com or 718-539-8901

DRIVERS WANTED
Immediate Hire with CDL
Access-A-Ride
All Shifts available
Monthly Attendance/Safety Bonus
Medical plan
Vacation/Personal/Holiday pay
Point reduction class accepted
Sedans and buses available
$500 Sign On Bonus
for pre-certified 19A drivers
Apply in Person 94-01 150th Street, Jamaica, Qns M-F 10-2
1 blk to E/JVZ line/Qns buses/LIRR
www.professionaltransit.com

Drivers/ Warehouse Workers. For Bldg Supply Co. Knowl. of 5 Boros a Must. Apply@ 962 Washington Ave, Bronx (off 3rd Ave & 163rd St.)

Executive High School Principal
NEWBURGH ENLARGED CITY SCHOOL DISTRICT
Salary Range $140,000 To $155,000
Is seeking an experienced, dynamic educator with outstanding professional and interpersonal skills to lead their high school of over 3000 students. This visionary leader should have demonstrated success with improving student success in diverse populations. Qualifications include: NYS administrative certification. Experience at all levels of school leadership. Deadline to apply January 16, 2012. Please request an application and send documents to: Dr. James Butterworth, Executive Director, CASDA University at Albany, East Campus 5 University Place A-09 Rensselaer, NY. 12144-3437. jbutterworth@uamail.albany.edu
Newburgh is an Equal Opportunity Employer

HANDYPERSON- EXP'D: Must be exp'd in ALL phases of tile work incldg carpet & ceiling, ceramic & VC" as well as sheet rock. Must have clean driving record. NY Drivers license. Located Larchmont, NY. Call 914-834-4678

Marketing
Well established college is seeking motivated individuals to generate max interest for career education at various communities.
Min. bachelor degree in marketing or communication reqd. Forward your resume to careers@sssu.edu

★ WAREHOUSE WORKERS ★
Truck Loaders, Factory, Forklift Labor Temp Assignments. Immed. Proper ID. Mr. Bell 212-679-7959

Looking for PT Sales Clerk Rep, Pay Roll, Mystery Shopper, Accountants Payment Rep As part of our expansion programmer's,we are looking for part time sales clerk Rep, Pay Roll, Mystery Shopper, accountants payment rep are needed.Your have a lot to gain plus benefits and takes only little of your time,must be 18 yrs and above. If you are interested and need more information, Please email us to : photovoltaicempayment@gmail.com

General Help Wanted

III A at Blue Steel Security Same Day Cert! Walk-in. Job-Pkgrnt 6hr/16hr/ Arm/Loss Prev/CPR/FG/Anti terrorism/ Metal Det/40hr-Armed Gun Lic Srvcs 397 Bridge St. Call 347-413-9015

★ 8 & 16 HR CERTIFICATE! ★ ONLY $50! 718-346-9191. 186 Pennsylvania Av. Bk www.thecallingroup.com

★ HOME HEALTH AIDE TRAINING ★ Program approved by NYS Dept of Ed. Call 718-923-3050

CNA, Dialysis Tech Phlebotomy/EKG
347-625-3200 / FREE BROCHURE
www.manhattaninstitute.com

ACCOUNTS PAYABLE CLERK Mercy Home in Bklyn, an agency w/a long standing history of providing services to persons w/DD, BA/BS Degree pref'd w/1-2 yrs exp in bookkeeping, must have excel comp skills (Excel & Fund Ez a) Excel bene. EOE. Fax resume/sal req to 718-832-7618 or E-mail to: Recruiter@mercyhomeny.org

For Sale

Miscellaneous

A1 Buying Diabetic Test Strips
Cash paid. Nicotine Patches/Gum.
Fast NY/NJ pickup. 646-400-5270

Accu Check, One Touch Freestyle WE BUY Extra Diabetic Test strips $$$ CASH PAID $$$ 888-415-0796

Pets

Dog Grooming Special $35 Bath/Haircut. 20 lbs and under. Day/Saturday/Evening (limited offer) American Academy of Pet Grooming. Call for appointment 212-686-3890.

$100-$500 OFF All Puppies $50 Down! Hold'll Xmas. 1yr Free Health Care & Shots 718-545-7067 PCD0188 718-808-0310

♥ ADORABLE YORKIE PUPPIES ♥ CALL TRACY 718 236-1515

★★ FRENCH BULL DOG PUPPIES ★★ Male/Female, Shots, Papers, Lifetime Guarantee. Owner 347-443-7438

♥ MALTESE PUPPIES ♥ Adorable Toy & Teacup sizes. Call 718-259-2295

★★ SHIH-TZU PUPPIES ★★ Toy & Imperial Sizes, All Colors Call 718 236-7567

♥ YORKIE PUPPIES FOR SALE ♥ Toy & Teacup sizes. Call: 718-259-2295

metroclassifieds
to place an ad call
866 900 9473
or visit us at
www.metro.us

Legal Notices

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW

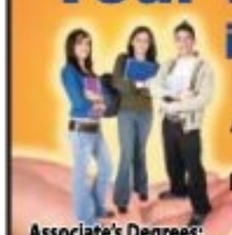
that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, January 4, 2012 at 2:00 p.m. at 66 John Street, 11th floor, on a petition from Ballo Deli, Inc. to renewal, maintain, and operate an enclosed sidewalk café 837 11th Avenue in the Borough of Manhattan for a term of two years.

REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAYBE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004

metroclassifieds
TO PLACE AN AD CALL 866-900-0473

Career Training

Your future is in your hands!



Obtain your Associate's Degrees and GED at the same time at Professional Business College

Associate's Degrees:
- Accounting - Business Management - Office Technology

Certificate Program Info. At www.pbcny.edu

Call us at:(212) 226-7300

CLASSES BEGIN JANUARY 18

PBC Offers You:
- Morning, Afternoon and Evening Classes
- Financial Aid (If Qualified)
- English as a Second Language Certificate
- Job Placement Assistance
- Student Visa I-20

125 Canal Street, 5th Floor, New York, NY 10002

The decision is SIMPLE!
Start training now in the Health Care field and put your career goals back on track!
Learn about career training opportunities in
Health Information Management
Don't wait, Call NOW!
888-728-9333
SBI Campus – an affiliate of Sanford-Brown - Melville
Melville, NY
sbmelville.edu

Afraid of NEEDLES???
But still want to be a part of the exciting healthcare field, working behind the scenes?
Consider training in
Medical Billing and Coding
Start training now!
866-943-6444
Sanford-Brown Institute
Garden City, NY
Iselin, NJ
New York, NY
White Plains, NY
Licensed by the New York State Education Department
Iselin is no licensed by the New York State Education Department
Programs vary by location
sanfordbrown.edu

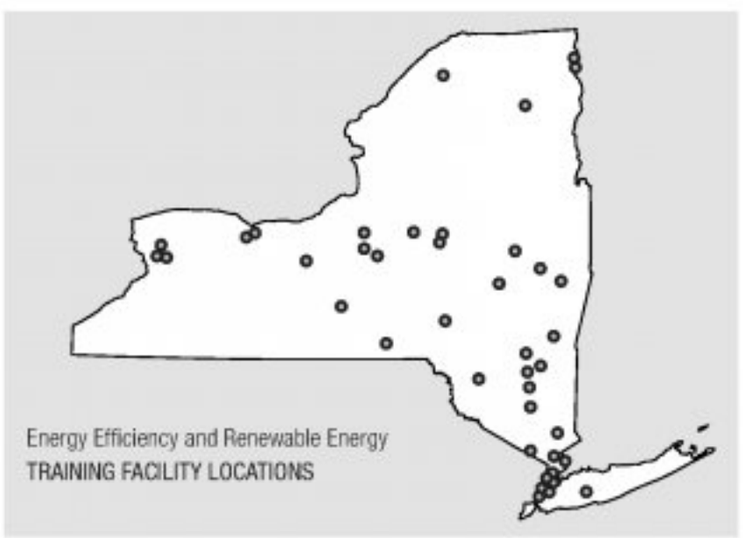
It's time to think
About your future!
Don't get left behind!
Learn about career training opportunities in
Medical Billing
in our Health Information Management program!
888-728-9333
SBI Campus – an affiliate of Sanford-Brown - Melville
Melville, NY
sbmelville.edu

metroclassifieds
to place an ad call
866-900-9473
or visit us at www.metro.us

reserve your space
DEADLINE: two (2) business days prior to publication at noon.
866-900-9473
metroclassifieds

LOVE THY LABOR
WELCOME TO NEW WORK, NY
TCI COLLEGE OF TECHNOLOGY – HANDS-ON TRAINING FOR REAL-WORLD EXPERIENCE. REGISTER TODAY AT OUR NEW, CONVENIENT BROOKLYN AND HARLEM LOCATIONS.
GET INTO A NEW WORK STATE OF MIND. CALL 1-888-557-2399
COLLEGE OF TECHNOLOGY
TCICOLLEGE.EDU/NEWWORK

Training in energy efficiency and renewable energy will
MAKE YOU MORE MARKETABLE.



In today's economy, it's important to have a competitive edge to get ahead.

If you're interested in, or already a part of the growing clean energy field, additional training in energy efficiency or renewable energy can take you to the next level.

Whether you're an entrepreneur looking to expand your business, currently in the clean energy workforce looking to advance your skills, or seeking a new career, training in energy efficiency and renewable energy will make you more marketable.

NYSERDA sponsors a wide range of training programs for those interested in energy careers.

FOR MORE INFORMATION ON OPPORTUNITIES IN YOUR AREA, CALL 877-NY-SMART OR VISIT NYSERDA.NY.GOV/WORKFORCE.

nyserda
Energy. Innovation. Solutions.

SHOP 7AM-MIDNIGHT TUESDAY & WEDNESDAY. HOURS MAY VARY BY STORE.
VISIT MACYS.COM AND CLICK ON *STORES* FOR LOCAL INFORMATION.

SPECIAL 79.99
DESIGNER DOWN COATS
Reg./Orig.* $235-$285, after special 129.99-139.99. From Calvin Klein, DKNY, more. Misses.

THE LAST ONE DAY SALE BEFORE CHRISTMAS

WEDNESDAY
SHOP 7AM-MIDNIGHT!
PREVIEW DAY IS TUESDAY!
SHOP 7AM-MIDNIGHT!
MORNING SPECIALS
7AM-1PM BOTH DAYS

SPECIAL 75% OFF
DRESS SHIRTS AND TIES
Special 9.37-17.37. Orig.* 37.50-69.50, after special 15.75-24.32. All clearance styles in patterns & solid colors.

SPECIAL 29.99
JUNIORS' JACKETS
Reg. 89.50, after special 39.99. Wool-blend styles from Dollhouse, Hydraulic, Jou Jou, more.

SPECIAL 75% OFF
KIDS' COATS
Special 16.25-46.25. Reg. $65-$185, after special 19.99-92.50. Protection System, London Fog®, Triple Star, more. Girls' 2-16; boys' 2-20; infants' 0-24 mos.

SPECIAL EXTRA 20% OFF
SWEATERS
15.68-20.48. Reg. $44-$64, after special 19.60-25.60. **Only at Macy's.** From Karen Scott & Charter Club. Misses & petites. Women's prices slightly higher.

SPECIAL 14.99
SWEATERS
Reg. 29.50, after special 19.99. **Only at Macy's.** From Via Europa and John Ashford. S-XXL.

SPECIAL 39.99
DIAMOND** EARRINGS
Reg. $200, after special $80. 1/2 ct. t.w.‡ hoops in 18k gold over sterling silver(★ WebID 579232) or sterling silver (★ WebID 579897) by Victoria Townsend.

SPECIAL $99
CULTURED FRESHWATER PEARLS
Reg. $400, after special $170. **Only at Macy's.** Belle de Mer™ 3-row 4-8mm strand with sterling silver clasp. ★ WebID 528195.

SPECIAL 29.99
CASHMERE FOR HER
Reg. $64-$88, after special 44.80-61.60. **Only at Macy's.** Charter Club cashmere mufflers, cashmere-lined leather gloves and more.

SPECIAL 29.99
CASHMERE FOR HIM
Reg. $70-$95, after special 49.99-59.99. **Only at Macy's.** Club Room cashmere mufflers and cashmere-lined leather gloves.

SPECIAL $599
DIAMOND EARRINGS
Reg. $1400, after special $833. 1 ct. t.w.‡ in 14k white gold. ★ WebID 553669.

SPECIAL 33% OFF
REGULAR-PRICED STAND MIXERS
Special 200.99-334.99. Reg. 299.99-499.99, after special 249.99-399.99. From left: KitchenAid Pro, #KP26 (★ WebID 136737) & Artisan, #KSM150 (★ WebID 77589).

SPECIAL 29.99
12-PC. COOKWARE SET
Reg. 99.99-$100, after special 59.99. **Only at Macy's.** Your choice: Basics Classic (★ WebID 351162) or Essential stainless steel or Everyday nonstick aluminum from Tools of the Trade.

SPECIAL 39.99
ALL 8-PC. BED ENSEMBLES
Reg. $100, after special 49.99. **Only at Macy's.** From Fairfield Square Collection. Full-king. Shown: Davenport. Twin also on special. ★ WebID 531780.

TUES OR WED 'TIL 1PM; CANNOT BE USED ON SPECIALS OR SUPER BUYS
★macy's WOW! $10 OFF
ALL SALE & CLEARANCE APPAREL AND SELECT HOME ITEMS

$10 OFF!

YOUR PURCHASE OF $25 OR MORE.
VALID 12/20 OR 12/21/11 'TIL 1PM.
LIMIT ONE PER CUSTOMER.

Excludes: Everyday Values (EDV), specials, super buys, furniture, mattresses, floor coverings, rugs, electrics/electronics, cosmetics/fragrances, gift cards, jewelry trunk shows, previous purchases, special orders, selected licensed depts., special purchases, services, macys.com. Cannot be combined with any savings pass/coupon, extra discount or credit offer, except opening a new Macy's account. Dollar savings are allocated as discounts off each eligible item, as shown on receipt. When you return an item, you forfeit the savings allocated to that item. This coupon has no cash value and may not be redeemed for cash, used to purchase gift cards or applied as payment or credit to your account. Purchase must be $25 or more, exclusive of tax and delivery fees.

00035502107518020119

OR, TAKE AN EXTRA $10 OFF WHEN YOU USE YOUR MACY'S SAVINGS PASS **TUES OR WED 'TIL 1PM**

SAVINGS PASS DISCOUNT DOES NOT APPLY TO SPECIALS.

FREE ONLINE SHIPPING EVERY DAY... GET IT THERE BY CHRISTMAS, GUARANTEED! Free shipping with $99 purchase ($8 flat-fee shipping for purchases under $99). Exclusions apply; see macys.com for details. Get it there by Christmas when you order on macys.com by 11:59pm EST on 12/21 & choose standard shipping (U.S. orders only).

the magic of ★macy's.com

★ Enter the WebID in the search box at **MACYS.COM** to order. **FIND MACY'S EVERYWHERE!** BLOG **Shop, share and connect anytime.**

Fine jewelry specials are only available at stores that carry fine jewelry.
REG. & ORIG. PRICES ARE OFFERING PRICES, AND SAVINGS MAY NOT BE BASED ON ACTUAL SALES. SOME ORIG. PRICES NOT IN EFFECT DURING THE PAST 90 DAYS. ONE DAY SALE PRICES IN EFFECT 12/20 & 12/21/2011. MERCHANDISE WILL BE ON SALE AT THESE AND OTHER SALE PRICES NOW THROUGH 1/2/12, EXCEPT AS NOTED. *Intermediate price reductions may have been taken. ‡All carat weights (ct. t.w.) are approximate; variance may be .05 carat. **May contain rose-cut diamonds. Jewelry photos may be enlarged or enhanced to show detail. Fine jewelry at select stores; log on to macys.com for locations. Almost all gemstones have been treated to enhance their beauty and require special care, log on to macys.com/gemstones or ask your sales professional. Extra savings are taken off already-reduced sale prices; "special" prices reflect extra savings. Some coats will remain on sale after event. Specials are available while supplies last. Advertised merchandise may not be carried at your local Macy's and selection may vary by store. Prices & merchandise may differ at macys.com. Electric items shown carry warranties; to see a mfr's warranty at no charge before purchasing, visit a store or write to: Macy's Warranty Dept., PO Box 1026 Maryland Heights, MO 63043, attn Consumer Warranties. N1110066.

OPEN A MACY'S ACCOUNT FOR EXTRA 20% SAVINGS THE FIRST 2 DAYS, UP TO $100, WITH MORE REWARDS TO COME. Macy's credit card is available subject to credit approval; new account savings valid the day your account is opened and the next day; excludes services, selected licensed departments, gift cards, restaurants, gourmet food & wine. The new account savings are limited to a total of $100; application must qualify for immediate approval to receive extra savings; employees not eligible.